Topic 3. The Internet

Task 4. Tech, social media and teenagers

6 Minute English Listening

Ex. 1. Listen to the Episode 210960 «Is technology harmful to youngsters?»:

https://downloads.bbc.co.uk/learningenglish/features/6min/210906_6min_english_tech_youngsters_download.mp3

Answer the following questions:

1. What is the main concern for parents regarding technology and young people?

2. According to a new report, what evidence was found linking technology with mental health problems in adolescents?

3. How does today's technology differ from passive television watching?

4. Why do some people believe that teenagers are more savvy with technology than adults think?

5. What is the purpose of app blockers used by teenagers?

6. What term did Dr. Vuorre use to describe teenagers who are very familiar with digital technology?

7. Based on the research findings discussed, what is the relationship between tech use and mental health problems in adolescents?

Ex. 2. Listen to the Episode «Social media and teenage health»:

https://downloads.bbc.co.uk/learningenglish/features/6min/231123_6_minute_english_social_media_and_teenage_health_download.mp3

Answer the following questions:

1. Why does Neil say it wouldn't be a surprise if someone is addicted to social media?

2. What is Beth’s opinion about her own social media usage?

3. What does research in the US say about adolescents who spend more than three hours a day on social media?

4. What age group is referred to as «adolescents»?

5. What are some of the negative effects of social media on teenagers, according to experts?

6. How do algorithms influence what users see on platforms like TikTok?

7. What does «fed content» mean in the context of social media?

8. Why do social media platforms want users to stay online longer?

9. What is meant by «revenue» in the context of social media platforms?

10. What does Professor Sridhar say about the responsibility (onus) placed on parents?

11. Why does she describe trying to limit teens’ social media use as a «losing battle»?

12. What percentage of 13 to 24-year-olds use Snapchat?

a) 70%

b) 80%

c) 90%