

One-Page Patient Checklist

Was This a Good Doctor Visit?

Start of Visit

- Doctor let me explain my main concern without interruption
- Doctor appeared prepared and aware of my reason for visit

Conversation

- Questions were relevant and focused
- Symptoms were taken seriously
- Medical terms were explained clearly
- I felt comfortable asking questions

Exam

- Doctor explained what they were doing and why
- Consent and boundaries were respected

Decisions & Plan

- Options were explained when appropriate
- Risks and benefits were discussed
- My preferences were considered
- I understand the next steps and follow-up

Before Leaving

- I understand the likely diagnosis or uncertainty
- I know warning signs that need urgent care
- I feel clearer and respected, not rushed