

# MODULE 1

---

## MEETING PEOPLE



**Objective:** to develop students' speaking skills on the topic; to develop attention and linguistic guessing

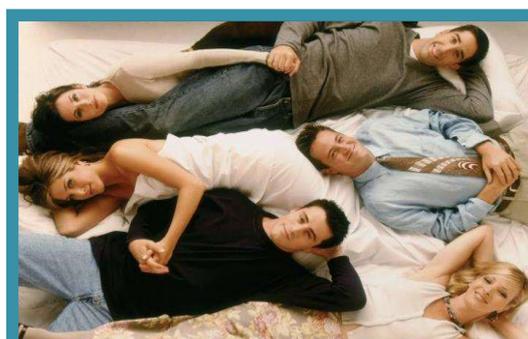
# Relationships

*We don't meet people by accident.  
They're meant to cross our path for a reason.  
Whether it's for a lifetime or just for a season.*  
Unknown



## Warming-up

**1. Work in pairs. Look at the photos. How do you think the people feel? What relationships do they have?**



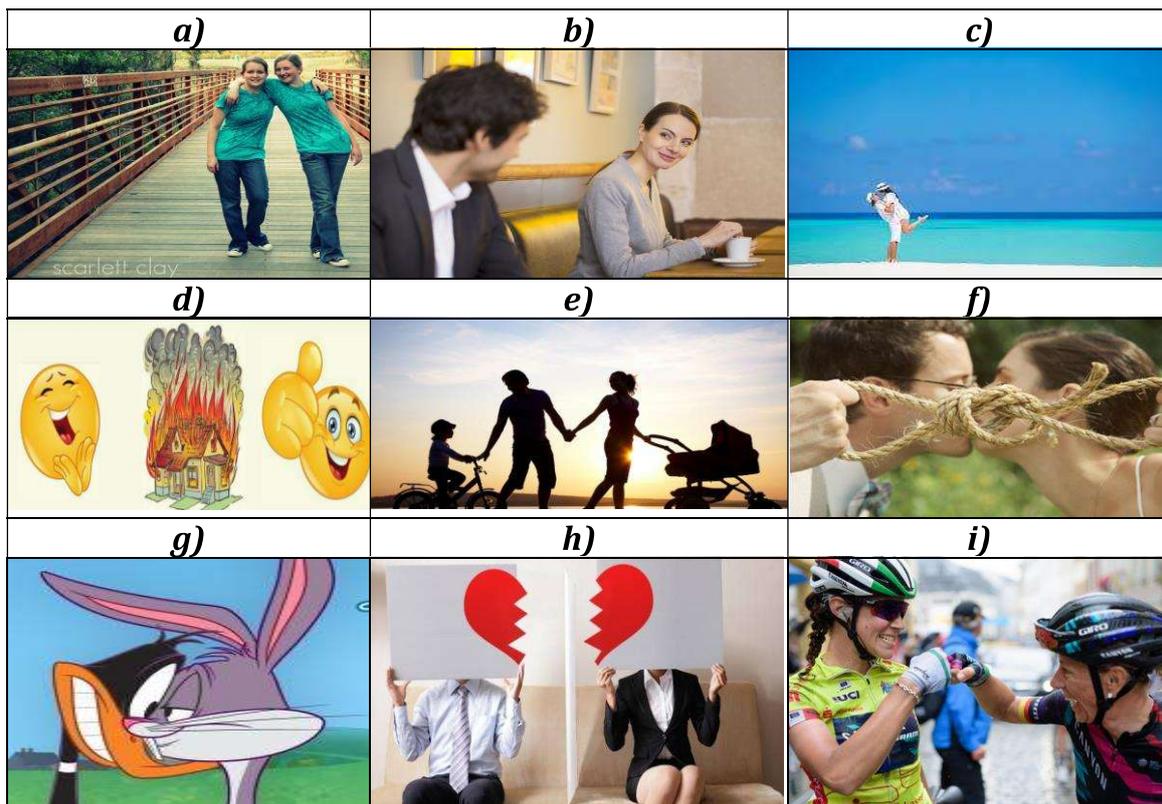
### Useful expressions:

It seems to me that ...  
On the one hand ..., on the other hand ...  
For example, ... / For instance, ...  
Personally, I (don't) think ... because ...

## Vocabulary

**2. Work individually. Match the phrases (1 - 9) with pictures (a - i). Use your dictionary to check that you understand all the phrases.**

|                               |                         |                                |
|-------------------------------|-------------------------|--------------------------------|
| 1) get on really well         | 4) have a lot in common | 7) get on like a house on fire |
| 2) enjoy each other's company | 5) see eye-to-eye on    | 8) to tie the knot             |
| 3) fall out with              | 6) to strike up         | 9) to settle down              |

**Check your answers**

|   |   |   |   |   |   |   |   |   |  |
|---|---|---|---|---|---|---|---|---|--|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |  |
|---|---|---|---|---|---|---|---|---|--|

**3. Match the following word-combinations with the definitions.**

| <i>Word-combinations</i>          | <i>Definitions</i>  |
|-----------------------------------|---|
| 1) to see eye-to-eye on           | a) to share the same interests or have similar characteristics                                |
| 2) to get on really well          | b) to like each other very much and become friends very quickly                               |
| 3) to have a lot in common        | c) to start something such as a relationship or conversation with someone in an informal way  |
| 4) to get on like a house on fire | d) to start living a quiet life in one place, especially when they get married or buy a house |
| 5) to tie the knot                | e) to argue with someone and stop being friendly with them                                    |
| 6) to settle down                 | f) to have fun and be happy to be around one another  |
| 7) to fall out with               | g) to agree about someone or something with someone else                                      |
| 8) to strike up                   | h) to get married   |
| 9) to enjoy each other's company  | i) to have a good relationship  |

**4. Complete the sentences with phrases from task 2.**

- 1) They are very good friends and \_\_\_\_\_ with each other.
- 2) Well, I hope you \_\_\_\_\_ here in such a lovely place.
- 3) After John \_\_\_\_\_ Alice, they sold their house.

- 4) I thought you two would \_\_\_\_\_.
- 5) My father and I \_\_\_\_\_ most things.
- 6) He always \_\_\_\_\_ a conversation with new people in the library.
- 7) I was worried that they wouldn't like each other, but in fact they're \_\_\_\_\_.
- 8) They have been dating each other for quite some time now and are planning to \_\_\_\_\_ a few months from now.
- 9) Larry met his wife in San Antonio, where they have \_\_\_\_\_ and started a family.

**5. Make up sentences of your own with word-combinations from task 2.**

### Reading

**6. What group of relationships do paragraphs in the text belong to? Below is the list of groups. Put the letter to each paragraph from a to d**

- a) Friends                      b) Pets                      c) Family                      d) Relatives

**7. Read the text and choose the best title for each paragraph**

#### Word focus

Cruel: extremely unkind and unpleasant and causing pain to people or animals intentionally

Leisure time: time when you are not working and you can relax and do things that you enjoy

Fight: to use physical force to try to defeat another person or group of people

|   |  |   |
|---|--|---|
| <p>A friend is a very important person in your life. It's someone you can <u>rely on</u> when you need help. It's also someone you can <u>turn to for comfort</u> when you are sad.</p> |   |   |
|    | <p>I like people. This is why I find it easy to strike up new friendships. Some relationships <u>last</u> for a long time. Others do not last long. Particularly with <u>nasty</u> people.</p> |   |
|    | <p>My dog is my best friend. He <u>keeps me company</u>, when I am alone. He's always ready to play with me. People aren't always there when you need them.</p>                                |  |
| <p>I regret spanking my dog one day. I <u>feel guilty</u> because I shouldn't be</p>  |  |   |

|   |  |
|---|--|
| cruel to animals. I love pets very much.  |  |
| I love plants and trees. I'm lucky to live in a house with a big garden. I spend most of my leisure time in the garden. It makes me feel <u>relaxed</u> . |   |
|    | I love to have company. I don't like to be alone at home. I enjoy having friends and relatives around. We do and <u>share</u> many things. We play together.   |
|    | I get on well with my parents because they're very understanding. I always turn to my mother. She comforts me and makes me feel good. When <u>I'm in trouble</u> , my parents help me. They don't make me feel guilty. |
| I <u>don't get on well</u> with my brother. He always gets on my nerves. We always fight that's why I feel lonely in this house.                          |   |

### 8. Answer the questions after the text.

- 1) Is friend very important person in your life? Why? / Why not?
- 2) Do you like pets? Why? / Why not?
- 3) Why do people love plants and trees?

### 9. Match the underlined phrases in the text with definitions given below.

1) to be unkind; 2) to go to someone who can cheer you up; 3) to make new friends; 4) to count on someone; 5) to have a good relationship with someone; 6) to feel unhappy because one did something wrong; 7) to continue for some time; 8) to do or have something with someone; 9) to have a bad character; 10) to have problems; 11) not nervous; 12) to be with someone.

### 10. Read the text again. Are these sentences true (T) or false (F) or is the information not mentioned (NM) in the text?

- 1) A friend is someone you can not rely on when you need help.
- 2) Relationships with nasty people last for a long time.
- 3) We shouldn't be cruel to animals.
- 4) Plants and trees make people feel relaxed.
- 5) If you get on well with your parents you can always turn to them.

## Writing

**11. Read the sample letter and write a letter to your parents about relationships with your new groupmates.**

11 Peremohy Street  
Zhytomyr, Ukraine 10020  
February 17

Dear Mum,

How are you? I'm fine. Here's a letter in English. It's good practice for you and me!

I have classes in Zhytomyr State Technological University. I'm in a class with eight students. They're all from different cities: Kyiv, Odessa, Lviv, Kharkiv, Poltava. Our teacher's name is Svitlana. She's very nice and kind, she is a very good teacher.

I live in the dormitory with two girls, Iryna and Olena. They are sisters. Iryna's twenty years old and she is a third year student (the Faculty of Economics and Management). Olena's eighteen and she is a second year student (the Faculty of Audit and Finance). They're very friendly, we get on really well with them.

Zhytomyr is very beautiful and very exciting, but very expensive! The public transport isn't hard to use and it's cheap. It's very cold now, but our Park is beautiful in the snow. I'm very happy here.

Write to me soon.

Love,  
Emily

## Speaking

**12. Think about your answers to these questions.**

- 1) How would you describe a "good relationship"?
- 2) Do you prefer to spend time with your family or with your friends?
- 3) Is it very important to establish good relationships with colleagues (or other students)? Why? Why not?
- 4) Do you think that Internet relationships can be successful? Why? Why not?
- 5) Do you think marriage is still as important as ever? Why? Why not?

**13. Describe a person you are very close to. You should say:**

- who this person is

- when you met them
- where you met them

and say what it is about them you like so much.

Well, I would like to talk about my.....  
 I can say that our friendship go back years when we were .....  
 For me, he / she is one of the most .....  
 All in all, those are the reasons why he / she is the first person that came to my mind ....

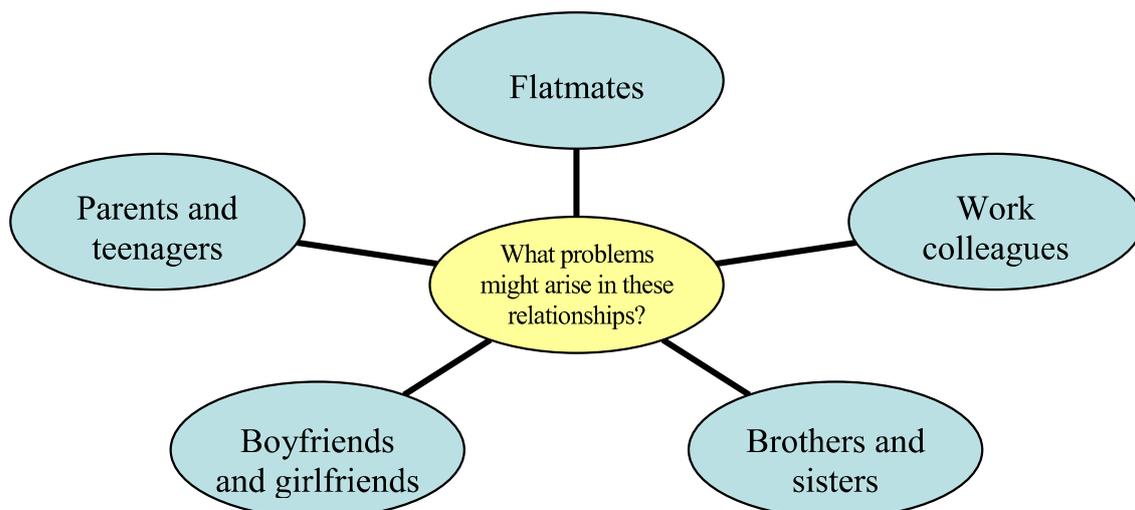
**14. Work with a partner. Use the following word-combinations to talk about relationships between different people.**

parents and children   girlfriends and boyfriends   friends  
 colleagues (groupmates)   sisters and brothers

**Example:** Personally, I think that ...  
 From my point of view, ...  
 In my opinion, ...

### Home project

**15. Imagine you are an editor of magazine for teenagers and you are going to publish series of articles giving advice about relationships. Make ppt presentation and comment your opinion using photos and pictures.**



**Objective:** to develop speaking skills on the topic; to widen linguistic outlook

# Family



*The family is one of nature's masterpieces.*  
George Santayana

## Warming-up

**1. Work in pairs. Look at the photos. How do you think the people are feeling? Compare and contrast these pictures.**

**Nuclear family**

(a family group that consists only of father, mother and children)

*Husband, wife, son, daughter*



**Extended family**

(a family consisting of the nuclear family and their blood relatives)

*Grandfather (great-), grandmother, cousin, nephew, uncle, niece, aunt, godmother*



**Useful expressions:**

I've never really thought about that, but ...  
What a good question!  
Oh! Let me think. Well. ..

## Vocabulary

**2. Work individually. Match the phrases (1 - 6) with pictures (a - f). Use your dictionary to check that you understand all the phrases.**

|         |                      |                   |          |             |                |
|---------|----------------------|-------------------|----------|-------------|----------------|
| 1) baby | 2) middle-aged adult | 3) senior citizen | 4) child | 5) teenager | 6) young adult |
|---------|----------------------|-------------------|----------|-------------|----------------|

|  |  |   |
|--|--|---|
| <b>a)</b><br> | <b>b)</b><br> | <b>c)</b><br> |
|--|--|---|



**Check your answers**

|   |   |   |   |   |   |  |
|---|---|---|---|---|---|--|
| 1 | 2 | 3 | 4 | 5 | 6 |  |
|---|---|---|---|---|---|--|

**3. Match the following word-combinations with the definitions.**

| <i>Word-combinations</i> | <i>Definitions</i>   |
|--------------------------|--|
| 1) middle-aged adult     | a) a very young child, especially one that has not begun to walk or talk yet                         |
| 2) teenager              | b) a person who is in his or her late teenage years or early twenties                                |
| 3) baby                  | c) a boy or girl from the time of birth until he or she is an adult, or a son or daughter of any age |
| 4) young adult           | d) polite expression for an old person   |
| 5) child                 | e) a young person between 13 and 19 years old  |
| 6) senior citizen        | f) being of the age intermediate between youth and old age, between 45 and 65                        |

**4. Complete the sentences with phrases from task 2.**

- 1) Many parents find it hard to understand their children when they are \_\_\_\_\_.
- 2) Their \_\_\_\_\_ was born last December.
- 3) The \_\_\_\_\_ period is characterized by rapid physiological and emotional changes.
- 4) Don't be so silly – you're acting like a \_\_\_\_\_!
- 5) Discounts are available for \_\_\_\_\_.
- 6) Most company directors are \_\_\_\_\_, but this 28-year-old woman is an exception that proves the rule.

**5. Work with a partner. Look at the words in the vocabulary box. Put the words in pairs. Two words have no pairs. Which ones are they?**

aunt boyfriend brother child cousin daughter father friend  
 girlfriend grandfather grandmother husband man mother nephew  
 niece parents sister son uncle wife woman

**6. Make up sentences of your own with word-combinations from task 2.**

### Reading

**7. Do you think that family ties are important? What's your opinion? Comment using information from the text below.**

**8. Read the text and be ready to define true/false sentences after it.**

#### Word focus:

Experienced: having skill or knowledge because you have done something many times

View: an opinion, belief, or idea, or a way of thinking about something

Nursery school: a school for children between the ages of about two and five

### My family



I think that a family is the most important thing for every person. Family is the people that always love you, support you and help you. For me it is impossible to live without my family.

My name is Oleh Klimov. I am twenty-seven years old. I want to tell you a few words about my family. My family is large. I have got a mother, a father, a brother, a wife, a son and a daughter.

First of all, some words about my parents. My mother is a teacher of Biology. She works in a college. She likes her job. She is a good-looking woman with blue eyes and brown hair. She is forty-nine but she looks much younger. She is tall and slim.

My father is a computer programmer by profession. He is very experienced. He is a broad-shouldered, tall man with fair hair and grey eyes. He is fifty. My father likes singing and when we are at home and have some free time, I play the guitar and we sing together. My father is handy with a lot of things.

My parents have much in common, but they have different views on music, books, films, sports. For example, my father is fond of tennis but my mother doesn't play sports.

My wife works as an accountant for a bank. She loves her job very much. My wife keeps house and takes care of our son and daughter. She is very good at cooking and she is clever with her hands.

She is very practical. Besides, my wife is fond of gardening. All our family is proud of the wonderful roses she grows in the garden in our dacha. My parents and I try to help her with the housework. I wash dishes, go shopping and clean our flat.

I have got twins: a son and a daughter. They go to nursery school.

My brother Dmitry is eleven. He is a schoolboy. I think he takes after our father. He also wants to become a specialist in computing but he is not sure yet. He is fond of music.

We have got a lot of relatives. We are deeply attached to each other and we get on very well with all members of our extended family. Unfortunately, we are very scattered and don't see each other very often.

**9. Match the underlined words in the text with definitions given below:**

- a) move away from each other;
- b) skilful;
- c) to help someone emotionally or in a practical way;
- d) something that cannot be expected to happen or exist;
- e) having a pleasingly attractive appearance;
- f) having shoulders which are set far apart;
- g) to clean, wash clothes, cook, and do other similar jobs in a home;
- h) feeling satisfaction and pleasure because of something that you have achieved, possess;
- i) clever in using hands especially in a variety of useful ways;
- j) to protect someone or something and provide the things that a person or thing needs;
- k) to like someone or something very much, because you have known them or had them for a long time.

**10. Read the text again. Are these sentences true (T) or false (F) or is the information not mentioned (NM) in the text?**

- 1) Oleh Klimov is thirty-seven years old.
- 2) He is tall and slim.
- 3) Oleh and his wife have different views on music, books, films, sports.
- 4) Oleh`s wife is fond of cooking.
- 5) She is a housewife.
- 6) Oleh`s brother is a computer programmer.
- 7) His hobby is music.
- 8) Oleh has a lot of relatives, but they seldom gather together.

### *Writing*

**11. Write a letter to your friend about member of your family in about 200 words. Include the following: your opinion, physical description, character, habits, likes and dislikes.**

11 Peremohy Street  
Zhytomyr, Ukraine 10020  
February 17

Dear Tom,

How are you? I`m fine. I would like to tell you about my aunt Emily.

Of all my relatives, I like my aunt Emily the best. She`s my mother`s youngest sister. She has never been married, and she lives alone in a small village near Bath. She`s in her late fifties, but she`s still quite young in spirit. She has a fair complexion, thick brown hair which she wears in bun, and dark brown eyes. She has a kind face, and when you meet her, the first thing you notice is her lovely, warm smile. Her face is a little wrinkled now, but I think she`s still rather attractive. She`s the sort of person you can always go to if you have a problem.

She likes reading and gardening, and she goes for long walks over the hills with her dog, Buster. She`s a very active person. Either she`s making something, or mending something, or doing something to help others. She does shopping for some of the old people in the village. She`s extremely generous, but not very tolerant with people who don`t agree with her. I hope that I will be as happy and contented as she is when I am her age.

Write me soon.

Love,  
Kate

## Speaking

### 12. Think about your answers to these questions.

- 1) Do you have a small or an extended family?
- 2) Do you ever feel that your parents do not understand you?
- 3) Do you share your problems with your family?
- 4) Do you want to have a family when you grow up?
- 5) Do you think that family ties are important?

### 13. Describe the person in your family who you most admire. You should say:

- what their relationship is to you
- what they have done in their life
- what they do now

and explain why you admire them so much.

Um, well, that's a difficult question / that's an interesting question.  
 Anyway, ...  
 True, but ...  
 As a matter of fact, ... .. sort of ...

### 14. Work with a partner. Use the words below to talk about stages of life:

*to run the house    to take care of smb/smith.    to be good at smth.*  
*to be clever with one's hands    to take after smb.    to look like smb.*  
*personality    a relative    to be deeply attached to smb.*

## Home project

### 15. Imagine that you're one of the most outstanding persons of our country. You'll have to send your family history to one of the magazines.

#### Mention the following points:

- 1) Date and place of your birth;
- 2) Memories of your childhood;
- 3) Your ancestors;
- 4) Ways you spend your time;
- 5) Friends;
- 6) Jobs;
- 7) Likes and dislikes;
- 8) Interesting family story – happy, funny or sad

**Objective:** to develop students' writing skills on the topic; to master students' speaking skills



# Friends

*A friend is someone who gives you total freedom to be yourself*  
*Jim Morrison*

## Warming-up

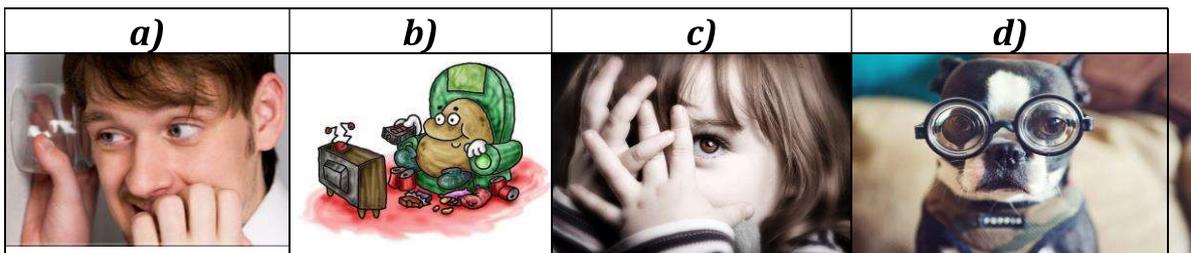
**1. Work in pairs. Look at the photos. What aspects of friendship are shown in each picture? Which two show the most important aspects?**

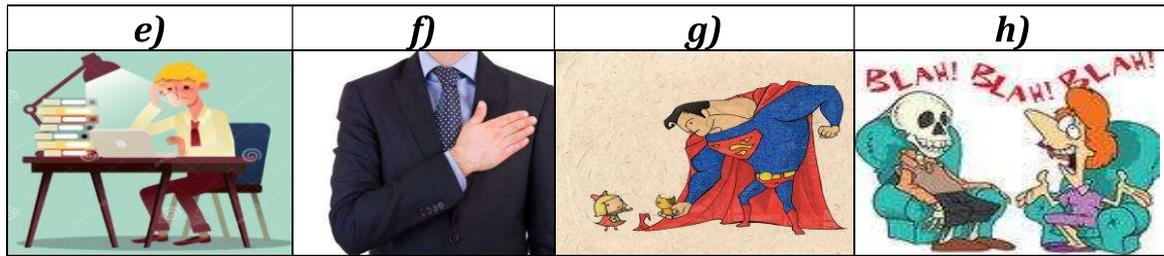


**Useful expressions:**  
 However .... Although ..... In spite of  
 Nevertheless ..... While .....  
 Unlike ..... Therefore

**2. Work individually. Match the phrases (1 – 8) with pictures (a – h). Use your dictionary to check that you understand all the phrases.**

|                 |              |                 |                 |
|-----------------|--------------|-----------------|-----------------|
| 1) kind-hearted | 3) honest    | 5) couch potato | 7) hard-working |
| 2) shy          | 4) talkative | 6) nosy         | 8) serious      |



**Check your answers**

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|---|---|---|---|---|---|---|---|

**3. Match the following word-combinations with the definitions.**

| <i>Word-combinations</i>       | <i>Definitions</i>   |
|--------------------------------|--|
| 1) a close friend              | a) to recognize how good someone or something is and to value him, her, or it                                  |
| 2) to betray                   | b) to be prepared and willing to support or defend someone   |
| 3) to pick on smb.             | c) to rely on someone or something   |
| 4) to count on smb.            | d) to not be loyal to your country or a person, often by doing something harmful such as helping their enemies |
| 5) to appreciate               | e) to use unpleasant words to describe someone in order to upset them  |
| 6) to call smb. names          | f) to treat someone badly or unfairly  |
| 7) to have each other's backs  | g) to be available to provide help and support for someone   |
| 8) to be always there for smb. | h) good friend, one you know well and trust  |

**4. Complete the sentences with words or word-combinations.**

1. The synonym for the word friend is \_\_\_\_\_.

- a) brother                      b) mate                      c) uncle

2. We are fond of the same music and like doing the same kinds of sport, we \_\_\_\_\_.

- a) have a lot in common    b) share joys and sorrows    c) keep in touch

3. My best friend is very \_\_\_\_\_ he always tells the truth.

- a) talkative                      b) honest                      c) serious

4. Jane and I like to spend time together as we \_\_\_\_\_.

- a) keep in touch    b) enjoy each others company    c) get to know

5. When my cousin moved to live to the UK we unfortunately \_\_\_\_\_.

- a) kept in touch                      b) lost touch                      c) give advice

6. To be a real friend means \_\_\_\_\_ with your friend.  
 a) to rely on            b) to appreciate    c) to share joys and sorrows
7. I didn't \_\_\_\_\_ my classmates as they often called me names.  
 a) get to know        b) trust                c) get on well with
8. When I'm in trouble my mate always \_\_\_\_\_ me.  
 a) falls out with    b) supports            c) trusts
9. Honesty and kindness are the qualities I \_\_\_\_\_ most of all in people.  
 a) trust                b) appreciate        c) betray
10. I often discuss my school life with my parents as they are the only people who can \_\_\_\_\_.  
 a) pick on me        b) betray                c) give me the best advice

**5. Complete the sentences using the verbs.**

|  |               |
|--|---------------|
| 1. A friend is a person who understands and _____                      | a) to betray  |
| 2. A false friend is a person who _____ others                         | b) to forgive |
| 3. Friendship is a thing that _____ forever                            | c) to last    |
| 4. The girls invited Kate to join them, but she _____                  | d) to obey    |
| 5. Nothing can _____ a best friend                                     | e) to replace |
| 6. Pete's younger sister doesn't _____ his orders                      | d) to return  |
| 7. If you _____ my friendship, please, share joys and sorrows with me. | e) to value   |

**6. Make up sentences of your own with word-combinations from task 2.**

### *Reading*

**7. Do you think that friendship plays a very important role in our life? What's your opinion? Comment using information from the text below.**

**8. Read the letter of Taras to his pen pal. Write a letter to your penpal and tell him/her about your best friend.**

Word focus:

Pen pal: someone who you exchange letters with as a hobby, but usually have not met

To look forward to sth: to feel excited about something that is going to happen

Particularly: to a great degree; especially

Hello, Lilly!

I want to tell you about some of my friends. Friendship plays a very important role in our life. It is difficult to live without true friends. I have a lot of friends. Last year I was on holiday in Germany. There I got acquainted with Nora, an American military student. We made good friends with her. I always look forward to receiving a letter from her.

But I have a lot of good friends at home too. My best friend's name is Oleh. He is my former classmate. We are of the same age. He is a dentist by profession. He is a hard-working person. He is about 185 cm, well-built and strong. He has an oval face, straight nose, thick hair, blue eyes and an attractive smile. Oleh is particularly known for his warm and friendly character. He is always open-minded and interested in other people.

Oleh is a many-sided person. He is fond of reading. Besides, he is a good sportsman. He enjoys swimming and playing tennis. He is keen on music. He likes to listen to rock-n-roll and jazz. His favourite singers are Andrey Makarevich and Yury Shevchuk, his favourite group is "The Pink Floyd". Besides, he plays the guitar very well.

We visit one another very often. We go to the cinema or to the theatre, go to the library and read books together. He gives me a helping hand any time I need it. I can always rely on him. Besides, he has got a great sense of humour and it's impossible to be depressed with him around. I am happy to have such a good friend.

Oleh and I have got much in common: we are both fond of sport. We usually spend our free time together. Oleh has a family. We often gather together in the evening and have some fun.

Sincerely yours,

Taras

**9. Match the underlined words in the text with definitions given**

**below:**

- a) in addition to; also;
- b) start to know someone by talking or doing something together;
- c) to be enthusiastic about someone or something;

- d) willing to consider ideas and opinions that are new or different to your own;
- e) having a lot of different features or characteristics;
- f) to get or be given something.

**10. Answer the questions after the text.**

- 1) Does friendship play a very important role in our life?
- 2) Is it difficult to live without true friends?
- 3) How do Oleh and Taras spend their free time?

**11. Read the text again. Are these sentences true (T) or false (F) or is the information not mentioned (NM) in the text?**

- 1) Last year Taras was on holiday in Poland.
- 2) There he got acquainted with Sarah, an American military student.
- 3) Oleh is a driver by profession.
- 4) Oleh is always open-minded and interested in other people
- 5) Oleh's favourite singers are Andrey Makarevich and Yury Shevchuk, his favourite group is "The Pink Floyd".

### *Writing*

**12. Write an essay about friendship. Choose one of the topics:**

- "A friend is someone who knows all about you and still loves you."

— [Elbert Hubbard](#)

- "Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything."

— [Muhammad Ali](#)

### *Speaking*

**13. Think about your answers to these questions.**

- 1) What are the differences between adults and children in terms of making friends?
- 2) Can adults make friends with children?

3) What do you think the most important factors are when making friends?

4) What are the possible factors that cause the break-up of friendship?

5) Why is it difficult for adults to make friends?

**14. Describe your best friend. You should say:**

- do you have a lot in common?
- do you share joys and sorrows?
- do you call first when you fall out with your friend?
- is your best friend always there for you when you are in trouble?

and explain why you consider her / him to be your best friend.

**15. Work with a partner. Use the following word-combinations to talk about friendship.**

*to spend time with smb.    to trust smb    to give advice    to share joys and sorrows    to tell the truth    to share secrets    to rely on smb.    a mate*

### *Home project*

**16. Find TV commercial "Best friends".**



**Objective:** to develop students' reading skills; to master students' speaking skills on the topic; to develop attention and linguistic guessing

# Communication

*Communication is the first thing we learn as a child but as we grow older it becomes the hardest thing to do*  
*Anonymous*

## Warming-up

**1. Work in pairs. Look at the photos. How do you think the people feel? What purposes of communication do they have?**



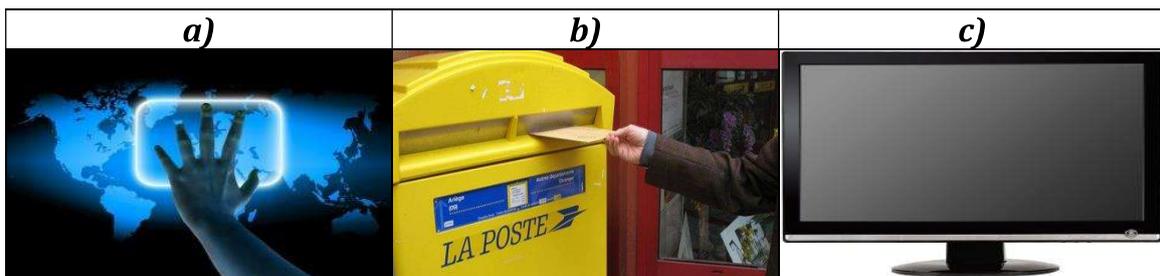
### Useful expressions:

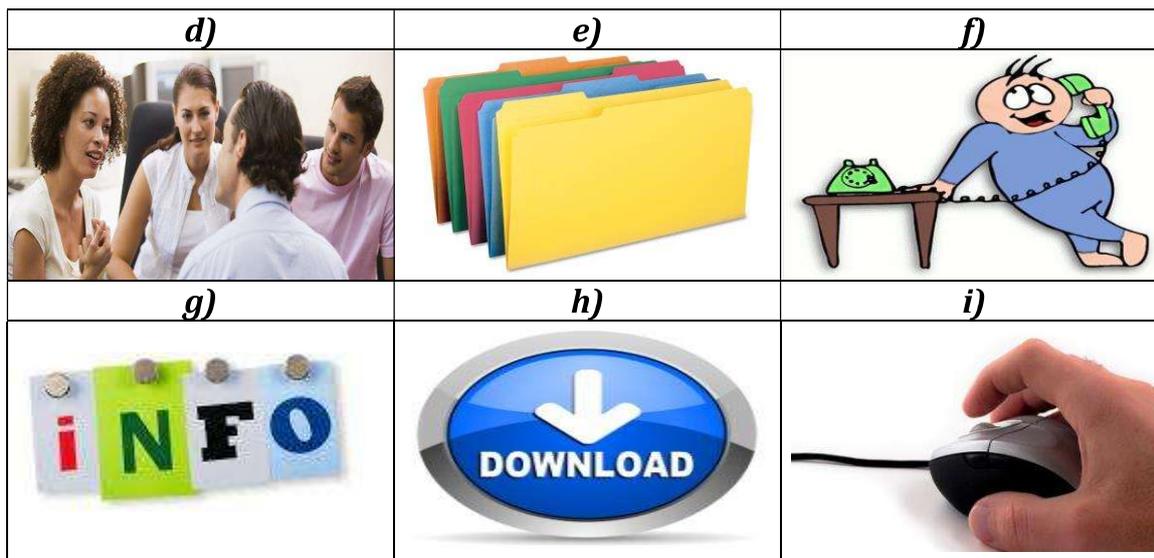
*I totally understand    Tell me more about that*  
*What do you think?        You're right*  
*How can we make this happen?*

## Vocabulary

**2. Work individually. Match the phrases (1 - 9) with pictures (a - i). Use your dictionary to check that you understand all the phrases.**

|             |                 |                |
|-------------|-----------------|----------------|
| 1) download | 4) conversation | 7) information |
| 2) screen   | 5) by post      | 8) call        |
| 3) click    | 6) digital      | 9) files       |



**Check your answers**

|   |   |   |   |   |   |   |   |   |  |
|---|---|---|---|---|---|---|---|---|--|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |  |
|---|---|---|---|---|---|---|---|---|--|

**3. Match the following word-combinations with the definitions.**

| <i>Words</i> | <i>Definitions</i>  |
|--------------|---|
| 1) call      | a) the code that identifies where a piece of information is stored  |
| 2) keyboard  | b) a white or silvered surface where pictures can be projected for viewing  |
| 3) address   | c) to take part in a discussion that involves sending messages over the internet, by smartphone   |
| 4) chat      | d) depression of a button on a computer mouse   |
| 5) digital   | e) (computer science) written programs or procedures or rules and associated documentation pertaining to the operation of a computer system and that are stored in read/write memory the market for software is expected to expand                              |
| 6) click     | g) device consisting of a set of keys on a piano or organ or typewriter or typesetting machine or computer or the like  |
| 7) software  | h) a hand-operated electronic device that controls the coordinates of a cursor on your computer screen as you move it around on a pad; on the bottom of the device is a ball that rolls on the surface of the pad a mouse takes much more room than a trackball |
| 8) screen    | i) a circuit or device that represents magnitudes in digits digital computer  |
| 9) mouse     | j) the act of using the phone   |

**4. Complete the sentences with phrases from task 2.**

- 1) He hasn't written to me recently – perhaps he's lost my \_\_\_\_\_.
- 2) I want to learn how to use my new \_\_\_\_\_ camera right away.
- 3) Use the app to \_\_\_ and send photos free from anywhere in the world.

4) When you buy a new computer, you usually get \_\_\_\_\_ included at no extra cost.

5) The television also has 36 cm \_\_\_\_\_ size, ideal for bedroom or kitchen use.

6) A \_\_\_\_\_ is a device which makes it easier to select different options from computer menus.

7) If you want to open a file, \_\_\_\_\_ twice on the icon for it.

8) She told us how easy it was to use the computer, then by way of demonstration simply pressed a few keys on the \_\_\_\_\_.

9) Something has happened to him. Do you think we should \_\_\_\_\_ the police?

**5. Make up sentences of your own with word-combinations from task 2.**

### *Reading*

**6. What forms of communication do modern people use? Below is the list of different forms. Comment your opinion.**

a) Verbal                      b) Non-verbal                      c) Written                      d) Oral

**7. Read the text and be ready to answer the questions.**

#### **History of Communication from Cave Drawings to the Web**

##### *Word focus:*

Species: a set of animals or plants in which the members have similar characteristics to each other

Cohesion: the situation when the members of a group or society are united

Debut: to perform or be introduced to the public for the first time

B.C.E.: Before Common Era or Before Current Era or Before Christian Era

All animal species have perfected system of communication, but humans are the only species capable of spoken language. Effective communication is essential for a variety of reasons. It serves to inform, motivate, establish authority and control, and allows for emotional

expression. For humans in particular, communication is also vital for creating a sense of social cohesion. Just as mankind has evolved over the centuries, our means of communication have followed suit. What began as primitive cave paintings and signed language has morphed into an endless variety of ways to express oneself to other humans.

Communication has existed in various forms since man appeared on Earth. The methods, however, consisted of a disorganized set of signs that could have different meanings to each human using them. It wasn't until three million years after man's debut, around the year 30,000 B.C.E, that communication began to take on an intentional format. The most well-known form of primitive communication is cave paintings. The artistic endeavours were created by a species of man that appeared around 130,000 B.C.E, the homo sapiens. The method involved creating pigments made from the juice of fruits and berries, coloured minerals, or animal blood. These pigments were then used to create depictions of primitive life on the cave walls. The purpose of the paintings has been questioned by scholars for years, but the most popular theory states that the depictions were used as a manual for instructing others what animals were safe to eat. Other forms of early communication existed, although they were less popular for a variety of reasons. Story telling was used to pass on important information in the days before the existence of the written word. However, since man still lived in separate tribes, this information could not be applied outside one's own tribal community. Drums and smoke signals were also used by primitive man, but were not the most practical means of communicating. Both methods could attract unwanted attention from enemy tribes and predatory animals. These methods were also difficult to standardize.

**8. Match the underlined words in the text with definitions given below:**

- a) done on purpose, planned;
- b) put to practical use;
- c) to have actual being; be real;
- d) a musical instrument, especially one made from a skin stretched over the bowl, played by hitting with the hand or a stick;
- e) very important, absolutely necessary, basic, fundamental;
- f) to have control over smb or smth;
- g) a small book, especially one giving information or instructions;
- h) a person who studies a subject in great detail, especially at a university;
- i) able to do things effectively and skilfully, and to achieve results;
- j) to do the same as someone else has just done;
- k) a true representation of something, a graphic or verbal description;
- l) improve; make better;
- m) an attempt to do something;
- n) drawings on the walls of caves made by Paleolithic humans.

***9. Answer the questions after the text.***

- 1) Why is effective communication essential for people?
- 2) When did communication begin to take on an intentional format?
- 3) What was the purpose of the paintings on the cave walls?
- 4) Was story telling one of the most effective form of communication used by primitive man?
- 5) What were the disadvantages of early forms of communication?

***Writing***

***10. Write a letter to your friend about invention of one of the following means of communication.***



### Speaking

**11. Think about your answers to these questions.**

- 1) Do you prefer to text or phone your friends?
- 2) Do you send more emails or more text messages?
- 3) How often do you go online?
- 4) Do you prefer to use a laptop or a mobile phone?
- 5) Do you often write letters or send things by post?

**12. Describe a conversation you had which was important to you.**

**You should say:**

- when the conversation took place
- who you had the conversation with
- what the conversation was about

and explain why the conversation was important to you.

**13. Work with a partner. Discuss following questions. Give advantages and disadvantages of using different forms of communication.**

- 1) What are the main differences between spoken and written communication?
- 2) Do you think there are differences in the way men and women communicate?

3) Do you think that people become better communicators as they get older?

4) Do you agree that education has a strong and positive effect on people's ability to communicate effectively?

5) What impact has the growth of technology had on the way people communicate and how do you think this will develop in the future?

### *Home project*

**14. Imagine that you're in the room where there is no sound. And you have to comment one of the following quotations. Make ppt presentation and comment your opinion using pictures, photos.**

a. The most important thing in communication is hearing what isn't said.

**Peter Drucker**

b. Communication is the fuel that keeps the fire of your relationship burning, without it your relationship goes cold.

**William Paisley**

c. The biggest communication problem is we do not listen to understand. We listen to reply.

**Anonymous**

d. Communication to a relationship is like oxygen to life. Without it...it dies.

**Tony Gaskins**

e. Communication is the first thing we learn as a child but as we grow older it's becomes the hardest thing to do.

**Anonymous**

f. Don't assume your partner knows everything you expect in a relationship. A relationship should be based on communication, not assumptions.

**Anonymous**

g. Communication always has a purpose. Before speaking, the first law is: you must know why you are talking. You must know what you are communicating for. What do you want?

**Harbhajan Singh Yogi**

e. Good communication is as stimulating as black coffee, and just as hard to sleep after.

**Anne Morrow Lindbergh**

**Objective:** to develop students' reading and speaking skills;

# LIFESTYLES



*You only live once, but if you do it right, once is enough*

*Mae West*

## Warming-up

1. Work in pairs. Look at the photos. Think about your grandparents and their lifestyle when they were young (compare: eating habits, free time activities, social relationships)



### Useful expressions:

My grandparents ate much less red meat than me.

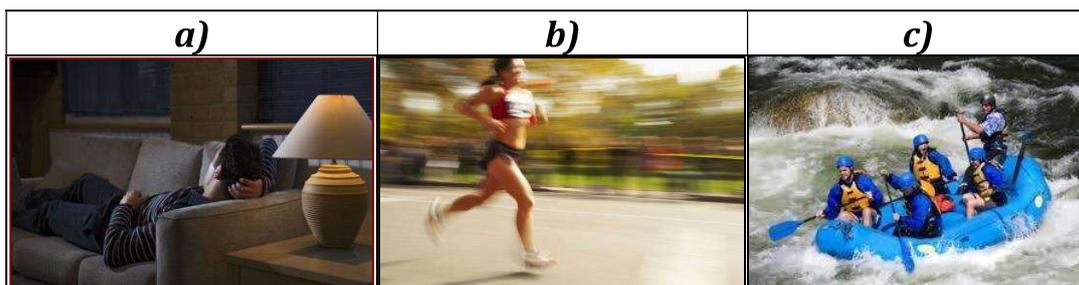
My grandparents walked more than I do.

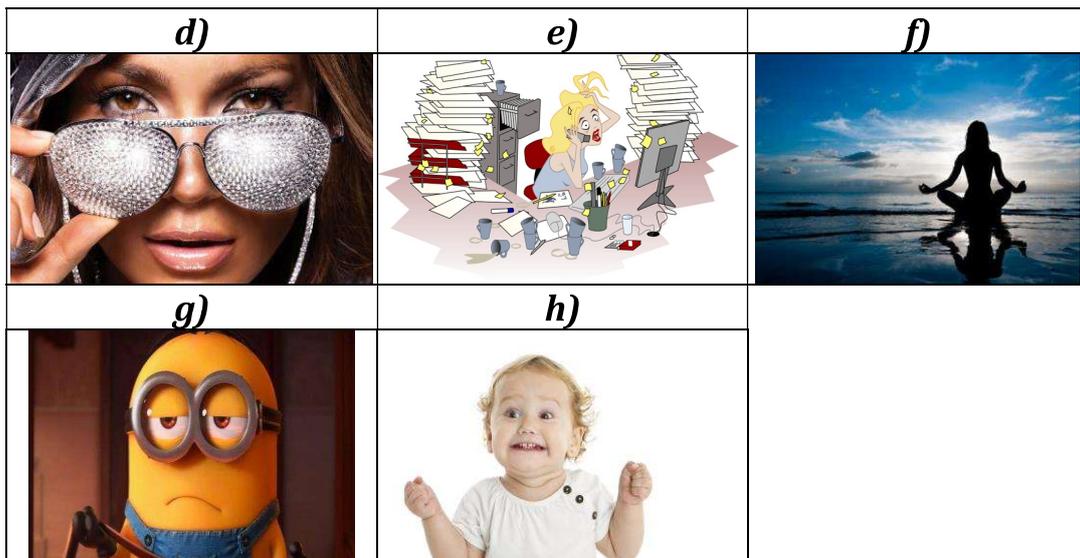
I speak to my friends more on the phone than my grandparents.

## Vocabulary

2. Work individually. Match the phrases (1 – 8) with pictures (a – h). Use your dictionary to check that you understand all the phrases.

|             |           |                |             |
|-------------|-----------|----------------|-------------|
| 1) peaceful | 3) sporty | 5) glamorous   | 7) exciting |
| 2) hectic   | 4) boring | 6) adventurous | 8) calm     |





**Check your answers**

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|---|---|---|---|---|---|---|---|

**3. Match the following word-combinations with the definitions.**

| <i>Word-combinations</i> | <i>Definitions</i>                                |
|--------------------------|---|
| 1) peaceful              | a) not interesting or exciting                    |
| 2) hectic                | b) beautiful and smart, especially in a showy way |
| 3) sporty                | c) stimulating, inspiring                         |
| 4) boring                | d) willing to try new or difficult things         |
| 5) glamorous             | e) quiet and calm                                 |
| 6) adventurous           | f) without worry                                  |
| 7) calm                  | g) full of activity, or very busy and fast:       |
| 8) exciting              | h) fond of sport or outdoor activities            |

**4. Complete the sentences with phrases from task 2.**

- 1) "Dusty's apartment is soooo \_\_\_\_\_" Darian complained.
- 2) Modern life is becoming more \_\_\_\_\_ by the minute.
- 3) "\_\_\_\_\_ down" the nurse said.
- 4) The island attracts \_\_\_\_\_ travelers.
- 5) A new and \_\_\_\_\_ life lay ahead of him.
- 6) She could make ordinary people feel \_\_\_\_\_, and glamorous people feel ordinary.
- 7) We need to find a \_\_\_\_\_ alternative to war.
- 8) Bob will grow up to be either \_\_\_\_\_ or clever.

**5. Make up sentences of your own with word-combinations from task 2.**

**Reading**

**6. Read the text and answer the questions:**

- 1) How does your lifestyle compare to British teenagers?
- 2) Are they more active than you?

**A Generation of Couch Potatoes**

Word focus:

Sedentary: involving little exercise or physical activity

Blame: to say or think that someone or something did something wrong or is responsible for something bad happening



Lots of teenagers have posters of their sports heroes on their bedroom wall. But do they follow the healthy examples set by these athletes? British parents are worried that young people are not as fit and healthy as in the past. Why is this?

According to the British Heart Foundation, 13 to 15 year olds are spending too much time doing sedentary activities such as watching TV or playing computer games. A special report describes a generation of couch potatoes, young people sitting around at home, growing up in their bedrooms, travelling by car and in serious danger of heart disease as they get older. Is this their fault? Are young people lazy?

Many parents don't allow their children to play outside or walk to school by themselves. "I ring my Dad on my mobile and he picks me up from the station. It's 10 minutes' walk from home but he thinks it is dangerous," says 14 year old Carrie. Some teenagers blame their over protective parents for making them unfit. It is certainly becoming more difficult to encourage young people to have an active life and protect their hearts. In recent years schools have spent less time

on sports. “My Mum did lots of hockey and netball at school but we didn’t have time for that this year because we had so many exams to prepare,” says Ben, 16.

**7. Answer the questions after the text.**

- 1) Do teenagers follow healthy lifestyle?
- 2) Why are sedentary activities bad for health?
- 3) What is the best way to spend free time for teenagers?

**8. Match the underlined words in the text with definitions given below:**

- a) to get or bring someone or something from somewhere;
- b) to inspire with hope, to give support;
- c) a sport played by two teams of seven players, usually women or girls, in which goals are scored by throwing a ball through a net hanging from a ring at the top of a pole;
- d) to make or get something or someone ready for something that will happen in the future;
- e) a statement;
- f) (an) illness of people, animals, plants, etc., caused by infection or a failure of health rather than by an accident;
- g) a person who watches a lot of television and does not have an active life;
- h) the possibility that something bad will happen.

**9. Read the text again. Are these sentences true (T) or false (F) or is the information not mentioned (NM) in the text?**

- 1) Lots of teenagers don’t have posters of their sports hero on their bedroom wall.
- 2) Couch potatoes are young people sitting around at home, growing up in their bedrooms, travelling by car.
- 3) It is certainly becoming more difficult to encourage young people to have an active life and protect their hearts.

- 4) In recent years schools have spent more time on sports.
- 5) The article tells us about Tom.

### *Writing*

**10. Write a letter to your friend about your lifestyle.**

### *Speaking*

**11. Think about your answers to these questions.**

- 1) What is your daily routine like?
- 2) Which period of your life do you like the most?
- 3) What success have you got in your life for which you feel proud?
- 4) What is your lifestyle like?

**12. Talk about yourself having a healthy lifestyle. You should say:**

- What stops you from having a healthy lifestyle?
- What are the disadvantages of not having a healthy lifestyle?
- What can you do in order to have a healthier lifestyle?

**13. Work with a partner. Discuss your lifestyle. Which adjectives in task 2 best describe the life you live? Which adjectives describe the life you would like to have in the future? Are there any differences?**

### *Home project*

**14. Imagine you are an editor of the magazine for teenagers and young adults and you are going to publish series of articles about unhealthy lifestyle. The name of the articles: What Are the Dangers from Using Drugs, Alcohol, Unhealthy Food, Smoking?**

