**Модуль 4**

**Змістовий модуль 7. Sports and Health (BodyTalk)**

***Sports***

1. Research and write a 200-word report on the history and development of your favorite sport (e.g., football, basketball, tennis, or swimming).

2. Create a presentation showcasing a day in the life of a professional athlete in a sport of your choice.

3. Case Study: The Rise of Esports – A Real Sport or Just a Game?

 Background:

Over the past decade, esports (competitive video gaming) have grown into a billion-dollar industry, attracting millions of viewers worldwide. Professional players train for hours daily, compete in international tournaments, and earn sponsorships similar to traditional athletes. However, there is still an ongoing debate: Should esports be considered a real sport?

Case Study Situation:

The International Olympic Committee (IOC) is considering making esports an official Olympic event. A group of sports officials, athletes, and esports professionals has been invited to discuss whether esports should be included in future Olympic Games.

Roles & Perspectives:

Traditional Athlete. Believes sports should involve physical movement, endurance, and athletic skill. Thinks esports do not meet these criteria.

Esports Player – Argues that esports require strategy, quick reflexes, teamwork, and mental endurance, just like traditional sports.

Sports Journalist – Analyzes both sides, considering esports' popularity, business impact, and global reach.

Olympic Committee Representative – Evaluates whether esports align with the Olympic spirit and values.

Sports Fan – Supports the idea that esports should be included because they engage younger audiences and involve competition at the highest level.

Tasks:

Read & Analyze: Students read the background information and think about the different perspectives.

Discussion: In groups, students take on different roles and debate whether esports should be part of the Olympics. They should use expressions like:

"From my point of view…"

"I strongly believe that…"

"On the other hand…"

"A valid argument against this is…"

***Food***

1. Research and write a 200-word report on the history and cultural significance of a traditional dish from any country. Discuss why this dish is essential in the culture of the country.

2. Write a reflective essay about your favorite food and why it holds special meaning for you (200-250 words).

3. Take the vocabulary test: <https://test-english.com/vocabulary/b2/food-and-food-products-b2-english-vocabulary/>