



# FOOD AND DRINK



Scan to review worksheet

Expemo code:  
1FF8-P1L1-OC0



1

## Warm up

In pairs, discuss the following questions.

1. Do you prefer dining at restaurants or cooking at home? Why?
2. What's the strangest food you've ever tried? Would you try it again?
3. What's your go-to comfort food when you're not feeling well?





## 2

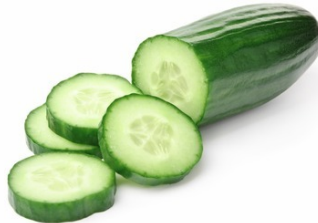
## Fruit and vegetables

Work in pairs. How many of the fruits and vegetables below can you name?

## Group 1



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_

## Group 2



1. \_\_\_\_\_



2. \_\_\_\_\_



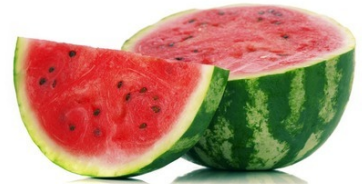
3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_

**Group 3**

1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_

Can you think of any more fruits and vegetables?

Which of the fruits and vegetables are often eaten in your country? Which are rarely eaten?

**3****Meat, fish and seafood**

Meat can have the same name as the animal it comes from, e.g. 'chicken', 'turkey', 'duck' and 'lamb'. However, the names are often different. Match each meat on the left with the animal it comes from.

- |            |                        |
|------------|------------------------|
| 1. pork    | a. birds, e.g. chicken |
| 2. beef    | b. pig                 |
| 3. veal    | c. cow                 |
| 4. poultry | d. calf (young cow)    |

What other types of meat do people eat? What types are considered strange/unusual in your country?

How many types of fish and seafood can you name? Which are often eaten in your country?



## 4

**Herbs and spices**

Work in pairs. Study the list of herbs and spices below. Match them to the pictures. Which are used in your country's national cuisine? Which others have you tried?

**Group 1**

basil



1. \_\_\_\_\_

dill



2. \_\_\_\_\_

mint



3. \_\_\_\_\_

parsley



4. \_\_\_\_\_

rosemary



5. \_\_\_\_\_

**Group 2**

curry



1. \_\_\_\_\_

oregano



2. \_\_\_\_\_

paprika



3. \_\_\_\_\_

pepper



4. \_\_\_\_\_

turmeric



5. \_\_\_\_\_

## 5

**Drink**

Match the following drinks with the containers they are usually drunk from. How many other 'drinking containers' can you name?

1. vodka

a. mug

2. beer

b. glass

3. wine

c. wine glass

4. tea

d. cup

5. coffee

e. shot glass

6. mineral water

f. pint glass



## 6

## UK/US English

Match the following British English (on the left) food terms to their equivalent US terms (on the right).

- |              |                 |
|--------------|-----------------|
| 1. aubergine | a. potato chips |
| 2. courgette | b. eggplant     |
| 3. chips     | c. zucchini     |
| 4. prawns    | d. shrimp       |
| 5. crisps    | e. fries        |
| 6. biscuits  | f. cookies      |

Say which of the above is healthy food and which is considered to be junk food. Use the British English names first, then repeat with American English.

## 7

## Odd one out

In each line, cross out one word which does not belong to the rest of the list. Say what the other items have in common. There is an example at the beginning.

1. cherry, raspberry, celery, strawberry (they are all fruit)
2. octopus, veal, duck, turkey
3. oregano, parsley, peas, rosemary
4. melon, mussels, pineapple, orange
5. cod, salmon, trout, beef
6. lettuce, crab, lobster, oyster
7. prawns, veal, cheese, mineral water
8. chicken, turkey, duck, pork
9. eggplant, potato chips, cookies, prawns



## 8

**Talking point**

Discuss any of the following questions.

1. Do you believe that "we are what we eat"?
2. Which food and drink from the lesson do you regularly eat/drink? What food/drink do you avoid? Why?
3. What's one food or drink item from your country that you would recommend to someone visiting for the first time?
4. How important is food in your culture, and are there any traditional dishes you particularly enjoy?
5. Do you enjoy cooking? What is your favourite dish to prepare?