

Module 7

Food and Cuisine

Part 1 TEST

Частина «ЧИТАННЯ»

READING

Task 1

Read the text below. Match choices (A-H) to (1-5). There are three choices you do not need to use. Write your answers on the separate answer sheet.

Tongue Trickster

Never mind the tongue twister – here’s the tongue trickster. Frank Parsons reports on the craze for a strange type of fruit. Imagine drinking a glass of pure, freshly-squeezed lemon juice with nothing added. It’s enough to turn your stomach.

1 _____

Yet that is what the guests of host, Larry Walters, are given on their arrival at one of his tasting parties in an upmarket district of New York. I watch as one-by-one they down the drink, tentative at first, and then smiling broadly as they declare, “It tastes just like grandma’s lemonade.”

Fifty or so people crowd around a table on the rooftop terrace of Larry’s small but swish apartment. I edge my way forward and arrive at the table that positively groans with the array of food piled high.

2 _____

These range from wedges of fruit, strong cheeses and pickles to plates of Brussels sprouts. My host appears at my shoulder, and says, “Here, have this.” This turns out to be a small red berry about the size of a blueberry, but slightly elongated, the shape of a coffee bean. He looks at the expression on my face. “It’s known as the miracle fruit. Just put it in your mouth,” he instructs, “and chew it slightly to separate the pulp from its seed. Then push it around your mouth like you’d do with a piece of gum for about sixty seconds».

3 _____

I obey his command and then discreetly spit the remains into my handkerchief while his glance is averted. “Done?” he asks, turning back to me. I nod. He grabs a glass of the lemon juice from a passing waiter and offers it to me. “Now drink.” I take a small sip, and close my eyes. The guests are right.

4 _____

It’s like I’ve been transported back to childhood, sitting on the porch with lemonade. My host states knowingly I have experienced first-hand the phenomenon of the *Synsepalum Dulcificum*, or the Miracle Fruit. This small berry has the amazing effect of causing bitter or sour foods to taste as sweet as sugar candy.

According to scientists the result happens because of a protein called miraculin. When it comes into contact with acidic foods, like vinegar, it starts to behave like a sweetener.

5. _____

This native fruit of West Africa was discovered by western explorers around 1725. They first noticed its distinctive property when they saw local people chewing the berry. Left uncultivated, the miracle fruit grows in bushes reaching six metres in height. It produces crops twice yearly, usually after the rainy season, and has

attractive white flowers. Despite being around for centuries it is only in recent years that the miracle fruit has been cultivated as a potential sweetener. There has been some limited interest from the diet food industry. Not only that – the fruit can aid patients receiving medical treatment that may leave an unpleasant taste in the mouth.

(Adapted from: <https://www.bbc.co.uk/learningenglish>)

- A A sort of strange fruit
- B A natural a sweet substance
- C The source of energy
- D The taste of exotic berry and new soft drink
- E An invitation to a tasting party
- F Everyone is a fan of the berry tea
- G The fruit which can help a sick person
- H An alternative to coffee

Task 2

Read the text below. For questions (6-10) choose the correct answer (A, B, C or D). Write your answers on the separate answer sheet.

Hungry Popstars

Valerie runs a company called Peanuts whose job is to look after pop stars and pop groups when they go on tour. She is the person who feeds the stars and she's been doing it for the past ten years.

When the stars are playing at a festival Valerie may have to cook for up to a thousand people which includes all the crew and the people who work backstage. She erects a marquee – a huge tent – and the food is served buffet style from a central serving area. She has to cater for different tastes, so there are normally four or more choices of menu. She also has to look after people who may be on a special diet or some singers who don't eat dairy food before a concert.

She drives an enormous truck full of kitchen equipment and hires at least three walk-in refrigerators, a dish washing unit and portable cabins which act as storerooms and office.

All the bands have to queue up to be served and everyone has to have a meal ticket. The stars are usually more relaxed when they are eating as no one is bothering them for autographs, although Valerie says that sometimes the security men and the stars' managers are more trouble than the stars themselves. There are certain things which she always has to keep in stock like herbal teas and her own particular mixture of honey, lemon and ginger which singers like to keep in flasks on stage with them when they're singing. Years ago bands used to drink quite a lot of alcohol, but these days they're much healthier. Most bands drink fresh fruit juice and prefer to eat salads.

A lot of people in the bands are quite young and they're not used to very expensive food, so Valerie prepares plain food unless a band sends her a 'rider'. This is a list of special requirements. When people are tired, unwell or homesick they like to have familiar 'comfort' food so she keeps a stock of people's requirements just in case. As a result of all this, Valerie says she has become an **expert shopper** and in less than an hour in a supermarket she can spend \$1000.

A lot of bands won't eat before a concert because they're too nervous, so Valerie and her staff can end up working very long hours as they have to be around to provide what people want at two or three in the morning. One thing Valerie has noticed is that the madder a band is on stage, the more normal they are when they are off it. She says she is amazed at the change in behaviour. A really wild singer can turn out to be really quiet and polite off stage.

(Adapted from: <https://www.bbc.com/news/world>)

- 6. Valerie has to provide a range of food because**
 A people are not very normal about what they eat
 B people are used to eating in restaurants
 C there is such a wide variety of preferences
 D there is such a demand for special menus
- 7. The singers are less nervous when they are eating because**
 A their security men are with them
 B there are no fans hanging around
 C their managers fuss over them
 D the bands enjoy eating together
- 8. Why does Valerie have to keep a supply of certain drinks?**
 A The bands rely on a special recipe
 B The bands prefer herbal tea to coffee
 C The bands take fruit juice on stage
 D The bands like to drink alcohol
- 9. What does an 'expert shopper' in paragraph 5 refer to?**
 A Someone who has a lot of money to spend each week
 B Someone who has to shop very quickly in a supermarket
 C Someone who has to buy as much as possible for \$ 1000
 D Someone who has learnt to find what individuals want
- 10. What is NOT true according to the text?**
 A Valerie thinks singers are completely crazy on and off stage
 B Valerie thinks singers behave differently on and off stage
 C They are wild when they are on stage
 D They are normally really quiet off stage

Task 3

Read the text below. Match choices (A-H) to (11-16). There are two choices you do not need to use. Write your answers on the separate answer sheet.

TAKING THE PLUNGE

If you're thinking about the idea of turning vegetarian but you are afraid it may be boring or too expensive, think again. Last October, we challenged a typical meat-eating family to go on a vegetarian diet for at least seven days.

11. SUE KENT, 42 said 'I'm quite health conscious when it comes to food, so we'd already started to cut out red meat.' To start the week, and put everyone in the right frame of mind, Sue prepared a family favourite, vegetarian chilli. The rest of the week followed like a dream. The recipes all went down extremely well,' says Sue. The tomato and pasta soup was popular, as was the pasta with tomato and mozzarella sauce, although I've altered it, using a vegetarian blue cheese sauce because that's one of our favourites. I've carried on doing fish which most of us like.'

The Kents were so impressed by the flavours and variety of their new food regime that when the week ended they decided to continue on a largely vegetarian diet. But making the change wasn't all plain sailing. The big drawback is all the preparation involved,' says Sue. 'It takes much longer than before because of all the chopping,' says Sue. So do they feel healthier for their new eating habits? 'It's hard to say, but I think on the

whole we do,' says Sue. 'I certainly experiment more with my cooking and use more herbs and spices than I used to. I'm trying out lots of unusual vegetables that I wouldn't have tried before, such as okra.

What's the overall verdict? Here's what each member of the Kent family had to say.

12. MICHAEL, 46 'I must say I have been quite impressed by some of the recipes Sue has prepared,' says Michael. 'I love curries and other spicy foods, and we have plenty of those. I reckon vegetable curry is as good as meat curry. The one thing I do miss is the chewing you do with meat, something substantial to get your teeth into. If I was out to dinner I don't think I would refuse a steak. I do miss roast lamb but on the whole I think it has been a great success.'

13. JO, 16 was the main driving force behind the family trying our plan – and the biggest convert, becoming a strict vegetarian after taking up our challenge. 'Jo used to eat chicken, but she doesn't touch meat or fish at all now,' says Sue. 'She doesn't even miss sausages!'

14. MARY, 81 Michael's mother was the most hesitant about vegetarianism, but nevertheless she tried everything and liked many of the dishes. However, she did find that too much vegetarian food can affect her digestion. 'It's been quite interesting but I wouldn't like to think I was never going to eat meat again,' she says. 'I prefer simpler, plain foods like egg and cheese or fish to the more exotic foods like okra and peppers. I've never liked herbs and spices either, and I'm not much of a pasta fan.'

15. KATE, 13 'I'd quite happily never eat meat again, although I'd find it hard to go without fish.'

16. ROBIN, 21, currently eats fish but he doesn't really care for it. So Sue expects he'll be a total vegetarian before long. 'Apart from that, he's not a fussy eater – on a good day he'll eat anything,' says Sue. 'He loves pasta, and vegetable soup goes down well.'

(Adapted from: <https://publichealth.jhu.edu/departments/international-health/programs>)

Which person _____?

- A changed the recipes
- B misses fish a lot
- C prefers dishes which are not too spicy
- D doesn't miss meat
- E likes spicy dishes
- F finds that the new diet allows more time for doing other things
- G knew nothing about healthy eating
- H will probably give up eating fish soon

Task 4

Read the text below. Choose from (A-H) the one which best fits each space (17–22). There are two choices you do not need to use. Write your answers on the separate answer sheet.

Cyber Cafes

In the early nineties in Great Britain going for a coffee and surfing the net were new and exciting things to do. (17) _____ of two things: coffee and the Internet. Ten years later the picture changed and in the 21st century millions of people can use the Internet from home, work, school or university. In many ways the Internet has become a personal playground and as far the coffee, well, there's a lot more choice of different coffee shops serving every kind of coffee you can wish for.

So who's using the cyber cafes now that surfing the Net is as ordinary as waking up every morning? Some people say that if their computer goes wrong at home they don't bother to get it fixed. They will rely on the cyber cafe to find out (18) _____ and to check their e-mail; they feel that there is nothing special about cyber cafes any more. These cafes are part of the cultural scene in the same way that cinemas and supermarkets are.

One man, who is the director of a chain of Internet shops, says that although consumer demand for using the Internet has risen, home computers are no good if you are out and about or go on holiday somewhere. (19) _____ to go if you want to keep in touch with friends and family.

'Most of our users are backpackers and international students checking their e-mail,' he says. 'We also operate a price structure which is good for those students who get up early. This means that the cheapest time of day is six in the morning and as the cafe fills up, (20) _____. Early evening is one of the most expensive times.'

Cyber cafes are also popular with foreign students studying abroad. These students feel it's important (21) _____ and e-mail is cheaper than the telephone. Some students use the cyber cafe for as much as four hours a week and like the fact that the cafes are clean and friendly places. In the future it is likely that the cyber cafes will also (22) _____. With mobile phones and e-mail there's less need for traditional offices space, and more and more people in the UK choose to work for themselves.

(Adapted from: <https://www.bbc.com/news/world-us-canada-59734254>)

- A attract people who are self-employed.
- B The cyber cafe was a successful mixture
- C The cyber cafe is the obvious place
- D as more and more people in the UK choose to work for themselves
- E the price goes up
- F what is happening in the world
- G to keep in touch with everyone at home
- H While dealing with programming

Частина «ВИКОРИСТАННЯ МОВИ» USE OF ENGLISH

Task 5

Read the text below. For questions (23–32) choose the correct answer (A,B,C or D). Write your answers on the separate answer sheet.

The World Finest Chocolates

Belgium likes to think of itself as the home of the finest chocolate in the world. If this (23) _____ is true, then the Place du Grand Sablon in Brussels must be the center of chocolate world. This square is not far from the city's museum of Fine arts and some in the country's (24) _____ chocolate shops can be found there, (25) _____ such internationally famous names as Wattamer, Godiva and Marcolini.

Marcolini is the most recent arrival in the square and is (26) _____ regarded as the most fashionable chocolate-maker in Belgium. The designers of the company's shop have evidently been (27) _____ up ideas from Armani a few doors down. The shop has black walls, a white floor and staff who (28) _____ black and white shirts and resemble fashion models rather than salespeople.

As (29) _____ as chocolates are concerned, these are displayed in impressive glass cases. Once you've (30) _____ your selection, you go over to the counter to pay, and get a wonderful close-up (31) _____ of a flowing fountain of melted chocolate. Some Belgians would (32) _____ that the best examples of the country's skill at chocolate making are pralines.

(Adapted from: <https://www.bbc.co.uk/learningenglish>)

23	A	accusation	B	claim	C	demand	D	challenge
24	A	leading	B	winning	C	ruling	D	beating
25	A	involving	B	enrolling	C	enclosing	D	including
26	A	wholly	B	greatly	C	widely	D	deeply
27	A	catching	B	picking	C	getting	D	copying
28	A	carry	B	wear	C	dress	D	clothe

29	A	once	B	far	C	long	D	well
30	A	reached	B	achieved	C	made	D	arrived
31	A	view	B	scene	C	sight	D	look
32	A	suggest	B	remind	C	called	D	inform

Task 6

Read the text below. For questions (33–42) choose the correct answer (A,B,C or D). Write your answers on the separate answer sheet.

Chickpea soup

This recipe is both tasty and cheap. If you use dried chickpeas, (33) _____ them for at least twelve hours in cold water. Drain them and put them in a large saucepan with plenty of water. Bring them to the boil, and then let them simmer gently (34) _____ the chickpeas are soft. I find it (35) _____ to use canned chickpeas, which are already cooked. This (36) _____ time, and also guarantees that the chickpeas will be soft, since it can take hours of boiling before they (37) _____. Two small 450 gram cans are usually (38) _____. Strain the chickpeas, but keep some of the liquid for the soup. Pour three tablespoons of olive oil (39) _____ a saucepan, and gently heat a chopped onion, two or three cloves of garlic and some carrot. Add half the chickpeas and turn (40) _____ in the oil over a low heat. Meanwhile blend the remaining chickpeas in a food until they (41) _____ a smooth cream. Add about half a litre of water to the vegetables and bring to the boil. Mix in the creamed chickpeas and cook slowly. Add salt and a pinch of mixed herbs. Some cooks add lemon juice at (42) _____ end.

(Adapted from: <https://www.bbc.co.uk/learningenglish>)

33	A	soak	B	soaking	C	to soak	D	soaked
34	A	when	B	until	C	if	D	enough
35	A	more easier	B	the easiest	C	easier	D	easy
36	A	save	B	is saving	C	saves	D	is saved
37	A	soften	B	are softening	C	have softened	D	are softened
38	A	much	B	enough	C	little	D	few
39	A	in	B	at	C	on	D	into
40	A	it	B	its	C	they	D	them
41	A	will make	B	makes	C	are making	D	make
42	A	a	B	an	C	-	D	the

PART II VOCABULARY FOCUS

1. Complete the following sentences with a word or expression in the box.

cholesterol recipe snack eating leftovers dined fatty to tip
smell out makes up sluggish vegetables

- I'm trying to cut down on _____ food.
- Don't worry! The _____ of garlic wears off after a while.
- Let's look around the market before we buy any _____.
- I can't understand this _____. Can you work out what it means?
- I'm afraid I don't feel up _____ eating another cream cake.
- I visited a farm once, and it put me off _____ meat for a week.
- We have run _____ of salt.

8. Why don't we warm up last night's _____ for lunch?
9. Keith usually _____ his recipes as he goes along.
10. The waiter seemed a bit angry when we didn't leave a _____.
11. _____ only becomes a problem when you have too much of it.
12. The service in this cafe is a bit _____.
13. You can have a _____ on the way.
14. I was wined and _____ every night by our New York office.

2. Choose the best word which completes each of these sentences.

1. Would you prefer _____ potatoes or chips?
a. poached *b. ground* *c. mashed* *d. powdered*
2. I bought this bread four days ago and now it's _____.
a. stale *b. off* *c. bad* *d. rotten*
3. Don't forget to buy a packet of _____ peas.
a. chilled *b. frozen* *c. frosted* *d. chilly*
4. Can you give me the _____ for this pie? It's delicious.
a. prescription *b. instructions* *c. ingredients* *d. recipe*
5. There was a wonderful smell of _____ bread in the kitchen.
a. cooking *b. roasting* *c. baking* *d. grilling*
6. Don't buy those fish, they aren't very _____.
a. fresh *b. new* *c. recent* *d. young*
7. I'd like to eat more of this cake, but it's very _____.
a. fat *b. fatty* *c. fattened* *d. fattening*
8. Waiter, I can't eat this meat. It's under-_____.
a. done *b. developed* *c. nourished* *d. weight*
9. Is the hamburger for you to eat here, or to _____?
a. go out *b. take away* *c. carry on* *d. sit down*
10. That _____ was fantastic. Could I have a second, please?
a. plate *b. meal* *c. helping* *d. service*
11. In the new place the waiters are courteous and the service is _____.
a. perfect *b. sluggish* *c. overbearing* *d. off-putting*
12. In the Netherlands people usually _____ the bill in a restaurant.
a. break *b. split* *c. spill* *d. get*
13. Does anyone want _____? Oh, yes, please, the cake is delicious.
a. dish *b. seconds* *c. additives* *d. meal*
14. I prefer a _____ breakfast and then a light meal around midday.
a. overdone *b. bitter* *c. underdone* *d. substantial*

3. Choose the correct word.

1. Waiter, could you bring me the **account/bill**, please?
2. It's a very popular restaurant – we should **book/keep** a table.
3. If you're hungry, why not ask for a large **dish /portion**?
4. Please **help/serve** yourself to salads from the salad bar.
5. Waiter, can I see the **catalogue /menu**, please?
6. This fish is not what I **commanded/ordered**.
7. This **dish/plate** is a speciality of our restaurant.
8. Have you tried the **raw/undercooked** fish at the new Japanese restaurant?
9. Paul never eats meat, he's a **vegetable/vegetarian**.

10. Have you decided what to have for your main *course/food*?
11. It's hard to get children to eat *nourishing/junk* meals.
12. I think *fresh/processed* foods in general are probably bad for us.
13. He is calorie *careful/conscious* these days.
14. Ben is a *fussy/inharmonious* eater.

SELF CHECK

<p>Food and Cuisine</p> <ul style="list-style-type: none"> cholesterol additives wholesome/ wholemeal food a bite leftovers dine fatty stodgy greasy/oily gourmet substantial/nourishing seconds helping poached mashed powdered stale/rotten vegetables cauliflower egg plant courgette spinach leek celery lettuce garlic chickpeas herbs parsley oregano basil mint clove cinnamon figs raspberry pomegranate figs veal lamb venison rabbit ham duck 	
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<p>poultry trout herring salmon cod plaice seafood shrimps salad dressing vinegar oil butter double cream cottage cheese mustard buns rolls pastry plum pudding scones pies</p>	
<p>Cooking smell recipe roast bake grill chop dip blend cut dice peel grate pour add slice whisk beat stir fry deep fry braise/stew steam mix season handful pinch plate saucepan frying pan colander crude/raw</p>	

<p>eating out book cuisine starter main course afters menu portion order dish vegetarian course a speciality (in a restaurant/cafe) impeccable / sluggish / overbearing/ off-putting service afters tip</p>	
<p>flavour and taste savoury tasteless mild bland sour sickly bitter savoury spicy salty sugary done to a turn</p>	
<p>phrasal verbs make up – prepare something pick up – to go and meet someone feel up – to have the strength and energy to do something to put off – to delay doing something cut down – to reduce an amount on the turn – starting to change run out of – there is no more left heat up – to become warm or hot chop up – to cut into small pieces throw out – to discard something as unwanted get rid of – to remove something that you do not want any longer get out – to leave come off – to happen\to be able to be removed make use of – use for a purpose</p>	<p>word formation fat – fatty, fattened, fattening frost – frosty, frosting, frosted underdone – overdone vegetable – vegetarian, vegetation, vegetarianism</p>
<p>fixed phrases processed food – food that has been altered in some way during preparation</p>	<p>Idioms sound fishy – making you feel that someone is lying</p>

<p>slap-up meal – a large enjoyable meal</p> <p>split the bill – to divide the cost of the bill</p> <p>freshly squeezed lemon – juice that has been recently pressed out of lemon</p> <p>fussy eater – someone who will only eat a few particular things and is difficult to please</p> <p>health conscious – having an active interest in one's health</p> <p>spicy food – strongly flavoured with spices</p> <p>melted chocolate – transformed from a solid to liquid state</p> <p>stick to a diet – continue to follow a diet</p> <p>fill yourself up – eat so much that you do not feel hungry</p> <p>burn up energy – to use up energy or get rid of fat from your body by doing physical activity</p> <p>be starving – suffering from hunger</p> <p>say when – decide when to stop</p> <p>pot party – a party you go and have some fun</p> <p>grab a bite – to get something to eat</p> <p>spoil appetite – make you not feel like eating a meal</p> <p>have a quick snack – food that you eat between meals</p> <p>hearty breakfast – large amount of food</p> <p>home-cooked food – made and eaten at home</p> <p>set menu – a limited menu</p> <p>reasonably priced – available at a fair price</p> <p>over a low heat – the lowest setting on your burner</p>	<p>a fish out of water – you do not feel comfortable</p> <p>make a meal of something – to spend more time doing something than is necessary</p> <p>juicy gossip – details about people's lives</p> <p>turn sour – become less pleasant</p> <p>be a recipe for disaster – to have unpleasant consequences</p> <p>spice up a party – to make something more exciting</p> <p>like chalk and cheese – completely different</p> <p>be a breadwinner – a person supporting a family</p> <p>don't count your chickens – you should not make plans for the future because you don't know it</p> <p>have your cake and eat it – to have or do two things at the same time</p> <p>nutcase – a mad or foolish person</p> <p>sour grapes – disparagement of something that has proven unattainable</p>
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