FOOD AND DRINK



1

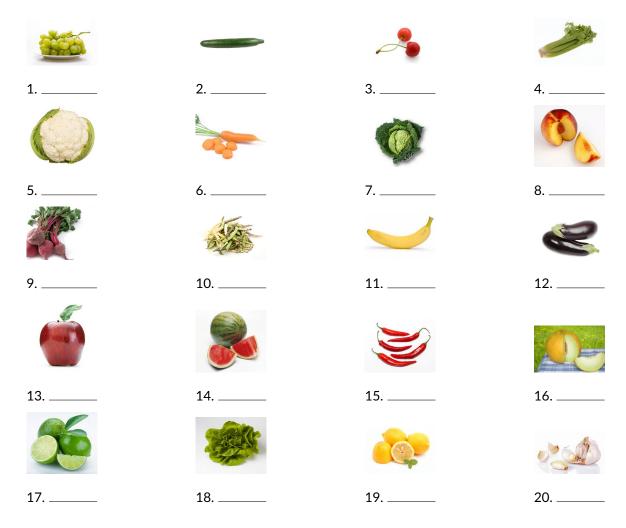
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Expemo code: 1CK9-V389-9LB5

Fruit and vegetables

In pairs, how many of the fruit and vegetables below can you name?



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Scan the QR at the top of Page 1 to review the lesson flashcards with Expemo. © Linguahouse.com. Photocopiable and licensed for use in Марина Юрчук's lessons. Can you think of any more fruits and vegetables?

Which of the fruits and vegetables are often eaten in your country? Which are rarely eaten?

2 Meat, fish and seafood

Meat can have the same name as the animal it comes from, e.g. 'chicken', 'turkey', 'duck' and 'lamb'. However, the names are often different. Match each meat on the left with the animal it comes from:

Meat		Animal		
1.	pork	a.	a calf (= a young cow)	
2.	beef	b.	a cow	
3.	veal	c.	a pig	
4.	poultry	d.	birds, e.g. chickens	

What other types of meat do people eat? What types are considered strange/unusual in your country?

How many types of fish and seafood can you name? Which are often eaten in your country?

3 Herbs and spices

Study the list of herbs and spices below. Translate any words you don't know. Which are used in your country's national cuisine? Which others have you tried?

basil	coriander	curry	mint	oregano
paprika	parsley	pepper	rosemary	turmeric

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Drink

Match the following drinks with the containers they are usually drunk from. How many other 'drinking containers' can you name?

1.	vodka	a.	a cup
2.	beer	b.	a glass
3.	wine	c.	a mug
4.	tea	d.	a pint glass
5.	coffee	e.	a shot glass
6.	mineral water	f.	a wine glass



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UK/US English

Match the following British English food terms to their equivalent US terms:

British English		American English		
1.	aubergine	a.	cookies	
2.	courgette	b.	eggplant	
3.	chips	c.	fries	
4.	prawns	d.	potato chips	
5.	crisps	e.	shrimp	
6.	biscuits	f.	zucchini	

Say which of the above is healthy food and which is considered to be junk food. Use the British English names first, then repeat with American English.

6 Odd one out

In each line, cross out one word which does not belong to the rest of the list. Say what the other items have in common.

Example: 1. cherry, raspberry, celery, strawberry (they are all fruit)

- 1. cherry, raspberry, celery, strawberry
- 2. octopus, veal, duck, turkey
- 3. oregano, parsley, peas, rosemary
- 4. melon, mussels, pineapple, orange
- 5. cod, salmon, trout, beef
- 6. lettuce, crab, lobster, oyster
- 7. prawns, veal, cheese, mineral water
- 8. chicken, turkey, duck, pork
- 9. eggplant, potato chips, cookies, prawns

7 Talking point

Discuss any of the following questions:

- 1. Do you believe "we are what we eat"?
- 2. Which food and drink from the lesson do you regularly eat/drink? What food/drink do you avoid? Why?