

# HAPPILY EVER AFTER



## B1 lesson plan

### 1. Choose the statement in each pair about what love is in your opinion. Explain your answer.

Love is...

- supporting each other's dreams OR being there for each other in times of joy and sadness.
- sharing inside jokes that only the two of you understand OR holding hands while taking a walk.
- surprising your partner with a small gift just because OR visiting and helping your partner's parents.
- watching your partner's favourite film when you don't really like it OR giving each other space and time when needed.
- agreeing to play board games, even if you're secretly terrible at them OR being patient and understanding, especially during difficult moments.
- watching your partner's favourite film when you don't like it OR sharing the last piece of dessert.

### 2. Read the sentences and match the underlined words with their meanings.

1. His outgoing personality attracts lots of friends.
  2. A lot of people flocked together to watch the final episode of the 'Love show'.
  3. We need to pinpoint the location of the missing love letter.
  4. Confidence and assertiveness are important qualities in a healthy relationship.
  5. After years of searching, she finally found a partner that made her truly content.
  6. They had complementary personalities, balancing each other out perfectly.
  7. She was drawn to him from the moment they first met.
  8. The couple chose to exhibit their love through small presents.
  9. Online matchmaking allows people to find partners based on shared interests.
  10. Honesty and trust are essential values for any successful relationship.
- a) theme in this author's works. \_\_\_\_\_
  - b) disillusioned by the ending of their favourite book. \_\_\_\_\_
  - c) to unravel the mystery of the main character's past. \_\_\_\_\_
  - d) be careful with their every move. \_\_\_\_\_
  - e) different backgrounds and beliefs. \_\_\_\_\_
  - f) touch of fantasy to an otherwise realistic novel. \_\_\_\_\_
  - g) to overcome the challenges thrown at them. \_\_\_\_\_
  - h) the book had made a prophecy about my life and where I would end up. \_\_\_\_\_
  - i) history, making the setting even more intense. \_\_\_\_\_
  - j) intertwined with a subplot that is just as important. \_\_\_\_\_



### 3. Fill in the gaps with the given words. Mind the grammar.

attract | matchmaking | exhibit | flock | value |  
pinpoint | be content | assertiveness | be drawn | complementary

1. Despite our differences, I \_\_\_\_\_ to your unique personality.
2. Sometimes, it's challenging to \_\_\_\_\_ exactly when love blossoms.
3. 'The birds of a feather \_\_\_\_\_ together' saying means that people with similar interests will stick together.
4. My friend plays \_\_\_\_\_ with her single friends by setting them up on dates.
5. What \_\_\_\_\_ are important to have in any relationship?
6. Even though I \_\_\_\_\_ with what I have, I still strive to improve our relationships.

7. The Smiths want to \_\_\_\_\_ their true love by flying in a hot air balloon.
8. Confidence and \_\_\_\_\_ are key traits for success in any field, even in relationships.
9. His sociable personality was \_\_\_\_\_ to her shy nature.
10. Some people say that opposites \_\_\_\_\_, but I believe that finding similarities is more important.

#### 4. Finish the sentences with your own ideas. Then, discuss them in pairs.

1. The most essential values in relationships are \_\_\_\_\_.
2. What truly attracts me in people is \_\_\_\_\_.
3. Being content means \_\_\_\_\_.
4. Complementary qualities in a relationship create \_\_\_\_\_.
5. I am drawn to \_\_\_\_\_ in others because \_\_\_\_\_.

#### 5. Before reading discuss the question "Do opposites attract?" Then read 3 extracts from the article and match each with its heading.

##### 'Do opposites attract?'

- 1. Personality traits and pairings
- 2. Birds of a feather
- 3. Behind the phrase "opposites attract"

##### 1. \_\_\_\_\_

Opposites may attract if you're working with magnets. However, with people and relationships, it can be more complicated. The age-old saying "opposites attract" is translated into many different languages in many cultures. However, "birds of a feather flock together" has also been used for years. Modern science continues the exploration of attraction, aiming to pinpoint which phrase is more accurate regarding human interaction. Although over 80% of people believe opposites attract, this popular notion isn't necessarily true. Being opposites doesn't always draw you to a romantic partner; instead, you may be attracted to personality traits, similarities, and biological cues.

##### 2. \_\_\_\_\_

In the 1950s, sociologist Robert Francis Winch led a study on mate selection to answer the question, "Do opposites attract?" During his investigation, Winch interviewed married couples and examined their relationships, personalities, and desires.

Based on his research findings, Winch argued that to make a marriage work, aspects of one's personality, especially socially related traits like aggressiveness and assertiveness, should complement each other. For example, an outgoing husband would be content with a more introverted wife. Winch's research suggested that it's not that opposites attract but that some traits are complementary.

Further research on complementary personalities suggests mixed results. A few studies parroted Winch's findings, but many have found that opposites do not attract. People are drawn to those who have similarities with them. Still, Winch's study on complementary notions was accurate, as later research suggests partners prefer their spouses to express certain personality traits they do not exhibit.



# HAPPILY EVER AFTER



## B1 lesson plan

### 3. \_\_\_\_\_

The tradition of wearing ugly Christmas sweaters dates back to the 1950s and 1960s. What started as a homemade gift from grandmothers and relatives soon transformed into a humorous holiday trend. The sweaters often feature different patterns, oversized ornaments, and, of course, festive colours like red, green, and white. Even if you've been together for a long time, you should plan activities with your partner, which are essential. You ought to set aside one evening each week to be your designated "date night" and think of fun things to do that you'll both enjoy. It's okay to spend some evenings lounging at home, but you should also make sure to do things that take you out on the town!

### 6. Discuss the questions.

- What do you think about the idea of "complementary traits" in relationships? Does it work as the article describes?
- Do you think the same hobbies are important for a relationship, or do differences make it more interesting?
- What is the formula for a healthy and happy relationship?
- Think of a happy couple you know. Are they more about "opposites attract" or "birds of a feather flock together"? Explain your answer.

**7. Optional activity. Work in mini-groups. The first student thinks of a picture and provides three associations (e.g., picture 4 - light, pair, sky). Try to avoid very obvious associations. The task for the other students is to guess the picture with only one try (if playing online, they can name the number of the picture or send it in the chat). If the student guesses the picture, they earn 1 point. Count your points at the end.**



### 8. Watch the videos (1 and 2) and answer the questions.

1. What do they like about each other?
2. What does the guy mean by saying 'I could play it safe here'?
3. What did the girl do after a museum date?
4. Do their answers relate to the phrase 'opposites attract'? Why do you think so?



Scan or click to watch.



Scan or click to watch.

9. Look through the character traits listed below and check if you are familiar with all of them. Circle those you consider being your opposites. Then, work in pairs and explain your choices.

proactive	artistic	energetic	musical	expressive	adventurous
eager	laid-back	sociable	calm	reflective	eco-conscious
impatient	open-minded	competitive	attentive	empathetic	shy

10. Work in pairs. Look at different [profiles](#) and discuss the following questions: 1) Who could you go on a date with? Why? 2) Did you think of more opposites or similarities? 3) What similarities are crucial for you? 4) In what aspect would you like your partner to be opposite?



Scan or click to see.



11. Create your own profile (as in the previous task). Then, craft a profile of a person who you believe could be your perfect match. Finally, work in pairs and discuss the information you included in your profiles.

*My profile*

<u>Name:</u>
<u>Hobbies:</u>
<u>Free time:</u>
<u>Personality:</u>

*My perfect match*

<u>Name:</u>
<u>Hobbies:</u>
<u>Free time:</u>
<u>Personality:</u>

12. Extra task. Choose the correct option.

- The couple decided to \_\_\_\_\_ their love by going on a romantic getaway.  
a. attract   b. exhibit
- Effective \_\_\_\_\_ often involves understanding and appreciating each other's values.  
a. matchmaking   b. assertiveness
- They seem to \_\_\_\_\_ to each other, finding joy in their shared moments and adventures.  
a. attract   b. be drawn
- In a healthy relationship, partners often appreciate each other's \_\_\_\_\_ traits.  
a. complementary   b. value
- Despite their differences, they are \_\_\_\_\_ with their shared dreams and aspirations.  
a. content   b. flock
- The ability to \_\_\_\_\_ the specific qualities that improve a relationship is crucial.  
a. pinpoint   b. matchmake
- \_\_\_\_\_ is an important quality in expressing feelings and desires in a relationship.  
a. assertiveness   b. value
- In a strong and positive relationship, partners respect each other's unique qualities and understand the importance of shared \_\_\_\_\_ to strengthen their bond.  
a. values   b. flock
- John and Maria are opposites, and that is what \_\_\_\_\_ them.  
a. attracts   b. draws

# HAPPILY EVER AFTER



## B1 lesson plan

---

10. The saying "birds of a feather \_\_\_\_\_ together" suggests that people with similar romantic interests stick together.

- a. be drawn   b. flock

**13. Revise the words for the next lesson. [Use this Quizlet set.](#) You can also play different games to practice or even test yourself in the Quizlet app or on the site.**



*Scan or click to play.*

