



























































## Unit 6 Health and safety

### First aid

| Word       |    |    | Definition  | Translation |
|------------|---|---|---|-------------|
| eye (n)    |    |    | one of the two parts of the body that you use to see with   |             |
| arm (n)    |    |    | one of the two long parts of your body between your shoulders and your hands                                |             |
| finger (n) |    |    | one of the four long thin parts on your hand, not including your thumb                                      |             |
| thumb (n)  |    |    | the part of your hand that is shaped like a thick short finger and helps you to hold things                 |             |
| head (n)   |   |   | the top part of your body that has your face at the front and is supported by your neck                     |             |
| chest (n)  |  |  | the front part of your body between your neck and your stomach, where you breathe                           |             |
| hand (n)   |  |  | the part of your body at the end of your arm, including your fingers and thumb, that you use to hold things |             |
| knee (n)   |  |  | the joint that bends in the middle of your leg  |             |
| foot (n)   |  |  | the part of your body that you stand on and walk on   |             |
| elbow (n)  |  |  | the joint where your arm bends  |             |
| back (n)   |  |  | the part of the body between the neck and legs, on the opposite side to the stomach and chest               |             |
| hip (n)    |  |  | one of the two parts on each side of your body between the top of your leg and your waist                   |             |
| leg (n)    |  |  | one of the long parts of your body that your feet are joined to   |             |
| ankle (n)  |  |  | the joint between your foot and your leg  |             |
| sprain (v) |  |  | to damage a joint in your body by suddenly twisting it  |             |

|                              |   |   |  |  |
|------------------------------|---|---|--|--|
| break (v)                    |    |    | if you break something, you make it separate into two or more pieces   |  |
| hurt (v)                     |    |    | to injure yourself   |  |
| cut (v)                      |    |    | to injure yourself on something sharp that breaks the skin and makes you bleed   |  |
| pallet (n)                   |    |    | a large wooden frame, used for storing or carrying heavy things  |  |
| crush (v)                    |    |    | to press something so hard that it breaks or is damaged  |  |
| accident report (n)          |    |    | a written description of a situation in which someone is injured by mistake  |  |
| incident (n)                 |    |    | an event, especially one that is unusual, important or violent   |  |
| paperwork (n)                |    |    | the documents that you need for a business deal  |  |
| emergency service (n)        |    |    | <i>British English</i> an official organisation, e.g. the police, fire service that deals with crime, fire, injuries, etc.           |  |
| ambulance (n)                |   |   | a special vehicle that is used to take people who are ill or injured to hospital   |  |
| bandage (n)                  |  |  | a narrow piece of cloth that you tie around a wound or around a part of the body that has been injured                               |  |
| plaster (n)                  |  |  | a piece of thin material that is stuck onto the skin to cover a small wound  |  |
| pair of scissors (n)         |  |  | a tool for cutting paper, cloth, etc. made of two sharp blades fastened together in the middle, with holes for your finger and thumb |  |
| disposable gloves (n pl)     |  |  | synthetic hand covers, intended to be used once or for a short time and then thrown away   |  |
| tube of antiseptic cream (n) |  |  | a container that holds medicine which you put onto a wound to stop it from becoming infected   |  |
| roll of tape (n)             |  |  | a narrow length of material on a round tube that is sticky on one side   |  |
| cotton wool (n)              |  |  | a soft mass of cotton that you use especially for cleaning and protecting wounds   |  |
| dressing (n)                 |  |  | special piece of material used to cover and protect a wound  |  |
| bottle of disinfectant (n)   |  |  | a container with a narrow top containing a chemical or a cleaning product that kills bacteria  |  |

|                   |   |   |   |  |
|-------------------|---|---|---|--|
| running water (n) |  |  | water coming out of a tap   |  |
| packet (n)        |  |  | a container that something is sold in   |  |
| first aid kit (n) |  |  | a special bag or box containing bandages and medicines to treat people who are injured or become ill suddenly |  |
| X-ray             |  |  | a photograph of part of the inside of someone's body  |  |