Sport and leisure

A

Sports









sport	person	verb(s)	place
athletics	athlete	run, jump, throw, etc.	track (in a stadium)
motor racing	racing driver	drive/ race	track
swimming	swimmer	swim/race	pool
boxing	boxer	box /fight	boxing ring
skiing	skier	ski	ski slopes
football	footballer	play	pitch (in a stadium)
ice hockey	ice hockey player	play	ice hockey rink
golf	golfer	play	golf course
basketball	basketball player	play	basketball court
sailing	sailor	sail	on the sea or a lake

Language help

We **play** sports such as football, ice hockey, tennis, golf and basketball.

I **play** football in the winter. I **play** basketball twice a week.

We use **go** with other sports and activities, especially those ending in *-ing*.

I **go** swimm**ing** in the lake during summer. We often **go** rock climb**ing** in the mountains. We use **do** with **a lot of / a bit of + -**ing.

I did a bit of sailing in the holidays. I don't do a lot of running these days.

В

Leisure activities*

tent











camping

rock climbing

jogging

yoga

going to the gym

We often **go camping** in the summer, and we usually **do a bit of rock climbing** as well.

My best friend **does a lot of yoga**. She **works out** in the gym two or three times a week as well.

My brother enjoys jogging, and it **keeps him fit** [helps his body to stay in good condition].

My mum does a bit of jogging as well – just **for fun** [because she enjoys it; *syn* **for pleasure**].

I'm afraid I don't **do** any **exercise** at all.

^{*} activities in your free time

Exercises

41.1 Put the words into the correct columns.

golfer **swimming** court track jump pitch net motor racing stick basketball athlete box skis race goalkeeper racing driver sail rink skiing swimming costume

sport	person	place	verb	equipment
swimming				

41.2 Complete the sentences with the correct verb.

1	We <i>play</i>	football in the winter at my sch	ool.
\sim	A 1 to 2 to		

- 2 Do you _____ much exercise?
- 3 I ______basketball in the summer and winter.
- 4 We always _____ in the winter, as long as there is enough snow.
- 5 I _____ a bit of yoga when I was younger.
- 6 We used to _____ camping in the mountains.
- 7 I _____ a lot of swimming in the summer.
- 8 If you want to _____ fit, you need to run three or four miles every other day.
- 9 I used to ______in the gym, but I'm getting a bit old for that now.

41.3 What is the sport and who is the person?











1 skiing

3 _____

5

41.4 Complete the last word in each sentence.

- 1 Do you know the size of a boxing <u>ring</u>?
- 2 I used to play ice _____.
- 3 We played golf in Scotland, where they have some fantastic golf _____.
- 4 My dad plays golf. He's not a serious golfer; he just plays for ______.
- 5 If the girls go swimming, they must remember to take their swimming ______.
- 6 We watch a lot of motor ______.
- 7 I love swimming, and it helps to keep me _____.
- 8 My sister enjoys rock ______.
- 9 You can't go camping unless you have a _____.
- 10 Running is good exercise, so four or five times a week I go ______.

41.5 Over to you

Answer these questions. If possible, compare your answers with someone else.

- 1 What sport or leisure activities do you do? Why do you do it/them?
- 2 What sport do you watch, and where?

Competitive sport

A Winning and losing

In football, you can talk about the **score** [the number of goals a team has] like this:

Spain played Poland and they **won** the game. = Poland **lost** the game.

Spain **won** 2–0 (spoken as two nil). = Poland **lost** 2–0.

Spain **beat** Poland (2–0). (NOT Spain won Poland.) = Poland **lost** (2–0) **to** Spain.

Spain **defeated** Poland (2-0). = Poland **were defeated** (2-0) **by** Spain.

Spain and Italy **drew** 1–1 (spoken as **one all**) OR It was **a** 1–1 **draw between** Spain and Italy.

Language help

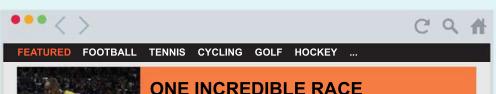
The **score** at the end of a game is also the **result**.

The final score/result was 2–0. The score at half-time was 1–0. (NOT The result at half-time was 1–0.)

B Competitions

A **competition** is an organised event in which people try to win something by being the best, the fastest, etc. **Individuals**, such as tennis players Serena Williams or Rafael Nadal, and **teams** such as Manchester United, **take part in** [join with others in] different types of competition. Tennis players and golfers enter **tournaments** such as the French Open; football and ice hockey teams play in **league** competitions, where they **play against** different teams. Many teams also play in **cup** competitions (similar to tournaments), e.g. the FA Cup or the World Cup, which ends with two teams playing against each other in a **final**. The **winners** (*opp* the **losers**) are the **champions**, e.g. Germany became World Cup champions in 2014, and Philipp Lahm received the cup as **captain** of the winning team.

Reporting sports events





In one of the most **incredible races** of all time, Jamaican athlete Usain Bolt won the 100 metres final at the 2016 Olympics. Although Bolt did not **break** his own world **record**¹ of 9.69 seconds, he achieved a great **victory**² running an **outstanding** time of 9.81 seconds. Usain Bolt has now won three gold medals in three consecutive

Olympic Games, also known as the 'triple triple'.

Another win for Kim Clijsters

Kim Clijsters won the women's US Open last night for the second time. She first won the **championship**³ in 2005, but **gave up**⁴ tennis in 2007 to have a baby. She returned in 2009, and is the first mother to win a grand slam for 29 years.

Canadian Grand Prix

There was a **superb** race for the Canadian Grand Prix. The **winner**⁵, Lewis Hamilton, passed Sebastian Vettel and won by five seconds. But Nico Rosberg now **leads**⁶ the drivers championship with 107 points.

- ¹ run faster than anyone in the world before
- ² the time when you win a game or a competition
- ³ an important competition to decide who is the best
- ⁴ stopped playing
- ⁵ the person who wins
- 6 is in front of others during a competition, e.g. At half-time, Milan are leading 1–0.

Language help

Superb, incredible and **outstanding** can describe something or someone that is very good and of a very high quality, e.g. *Pelé was a superb footballer*.

Exercises

42.1	Complete the verb forms with the correct	past tense and past participle.

1 win / won / have won	4 draw / / /
2 lose //	. 5 break / /
3 beat / /	6 give up /

42.2 Choose the correct words to complete the sentences. Sometimes both are correct.

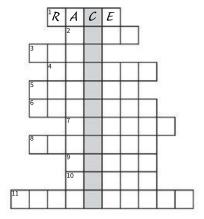
- 1 It was a fantastic victory / defeat for the team.
- 2 Lionel Messi was *outstanding / incredible* for Barcelona.
- 3 At half-time in the game, the *score / result* is 1–0 to Arsenal.
- 4 The French Open is a famous tennis cup / tournament.
- 5 Croatia beat / defeated Germany 3–2.
- 6 We won / beat the other team 4–1.
- 7 The UEFA Cup is a great competition / league.

42.3 Complete the sentences.

1	It was a good game but unfortunately we3-2.
	The at half-time was 2–1, but the final was a draw.
	Holland England 2–1, so they are in the semi-final.
	Brazil1–1 with Argentina last night.
5	Serena Williams has won the Wimbledon at least six times.
6	Carolina Kluft broke the heptathlon worldagain last night.
7	There are 20 teams in the, and each team plays the other teams twice
8	Bradley Wiggins part in the <i>Tour de France</i> in 2009 and finished fourth.
9	I think Novak Djokovic is going to win. He's5–2 in the final set.
10	Argentina are playing Brazil next week.

42.4 Complete the crossword. What is the vertical word in grey?

- 1 competition in which people run, drive, etc.
- 2 the opposite of win
- 3 a group of people who play together
- 4 a synonym for *outstanding*
- 5 stop doing a regular activity
- 6 the leader of a team
- 7 someone who wins something
- 8 when you win a competition
- 9 the last part of a competition
- 10 the opposite of winner
- 11 a type of sports competition



42.5 Over to you

Answer the questions. If possible, compare your answers with someone else.

- 1 Have you ever taken part in a sports competition?
- 2 Have you ever won anything?
- 3 Have you ever been captain of a team?
- 4 Have you ever come first, second or third in a race?
- 5 Have you ever watched an individual or team in a final, at the game or on television?