

A

Ways of cooking food

You **boil** potatoes or rice in a **saucepan**.
 You can **fry** sausages in a **frying pan**.
 You **grill** toast or meat under a **grill**.
 You **roast** meat [using oil] in the **oven**.
 You also **bake** cakes [without oil] in the oven.
 You **barbecue** meat and fish on a **barbecue**.
 Food which is not cooked is **raw**.

barbecue



saucepan



frying pan



grill



oven

B

Preparing and cooking food

Peel the potatoes [remove the skin] and boil them.
 While they're boiling, **chop** an onion. [cut it into small pieces]
 Fry the onion before **adding** some chopped tomatoes. [putting them together with the onions]
 Then **stir** it all for a few minutes. [move it around in a saucepan using a spoon]

C

What does it taste like?

Chefs [people who cook food in a restaurant as a job] always **taste** the food [put a small amount in their mouth to see what it is like] while they are cooking.
 I don't like the **taste** of too much garlic.
 I tried the soup and it **tasted** a bit strange.
 Michel's food is very **tasty** [has a good taste].
 Indian food is a bit too **spicy** for me [with a strong hot flavour].
 You get ice cream in different **flavours** [the type of taste that food or drink has, e.g. vanilla, coffee, strawberry, etc.].
 Lena said her pasta was **horrible** [terrible, unpleasant], but I thought it was **delicious** [fantastic, with a wonderful taste].

Language help

We use the word **sour** to describe the taste of lemons (*opp* **sweet**), but usually **bitter** to describe coffee that is strong and has a sharp unpleasant taste (*opp* **smooth**).
 Strong, dark chocolate can also be described as bitter, but this is not always negative.

D

Are you a good cook?

“I'm a bit nervous when I cook, so I always follow a **recipe** [the cooking instructions for a particular dish, e.g. lasagne], and make sure I have all the right **ingredients** [the different food you need to make a particular meal] before I start. However, I am quite good at making **pies**, especially apple **pie**.” (Pie is pronounced /*paɪ*/ like 'my'.)



apple pie

Common mistakes

A person who cooks well is a good **cook** (NOT a good *cooker*). The **cooker** is the large piece of equipment you use for cooking. You could also say that you are **good/bad** at cooking (NOT good/bad *in* cooking), e.g. *I'm quite good at cooking fish*.

Also we 'cook' a type of food, e.g. *I'm cooking some beef*, but we 'make' a dish, e.g. *I'm making dessert*. (NOT *I'm cooking dessert*.)

Exercises

25.1 Write down five more ways of cooking food.

boil _____, _____, _____, _____, _____

25.2 How do you pronounce the underlined letters? Use the index to help you.

<u>ch</u> e	Is it like <u>sh</u> oe or <u>ch</u> ief? <i>shoe</i>	o <u>v</u> e	Is it like <u>lo</u> ve or <u>lon</u> ely?
r <u>a</u> w	Is it like <u>no</u> w or <u>do</u> or?	pie	Is it like <u>pe</u> a or <u>li</u> e?
s <u>ou</u> r	Is it like <u>mo</u> re or <u>ho</u> ur?	s <u>au</u> cepan	Is it like <u>fo</u> ur or <u>flo</u> wer?

25.3 Cross out the wrong word in each sentence. Write the correct word at the end.

- The paella was very ~~tasteful~~. *tasty* _____
- My brother is a very good cooker. _____
- Don't forget to heat up the fry pan before you add the aubergine. _____
- This chocolate is very sour. _____
- I'm afraid my mother has never been very good in cooking. _____
- You can buy this ice cream in five different tastes. _____

25.4 Which words are being defined?

- The flavour that something has in your mouth when you eat it. *taste* _____
- A person who cooks food as their job. _____
- Having a good taste. _____
- The large piece of equipment in the kitchen for cooking food. _____
- The word to describe the taste of lemons. _____
- Not cooked. _____
- Having a fantastic taste. _____ . The opposite is _____

25.5 Explain what the person did, using the correct word.

- | | |
|--|--------------------------------------|
| 1 I got the list of food and cooking instructions. | You got the <i>recipe</i> _____ . |
| 2 I bought all the food I needed for the dish. | You bought all the _____ . |
| 3 First I removed the skin of the potatoes. | You _____ the potatoes. |
| 4 I cooked the potatoes in water. | You _____ the potatoes. |
| 5 Then I cut the onions into small pieces. | You _____ the onions. |
| 6 I cooked the onions in a frying pan. | You _____ the onions. |
| 7 I put the potatoes together with the onion. | You _____ the potatoes to the onion. |
| 8 I put in some milk and moved it round in the pan. | You put in milk and _____ it. |
| 9 Then I put a little in my mouth to see what it was like. | You _____ it. |

25.6 Over to you

Answer the questions. If possible, compare your answers with someone else.

- Do you eat these things in your country?
 a) raw fish b) roast beef c) fried rice d) baked potato e) barbecued chicken
- Do you like these things?
 a) bitter chocolate b) spicy food c) chocolate-flavoured ice cream d) the taste of garlic
- How often do you cook food on a barbecue?
- Are you a good cook? If so, what are you good at?