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Get active

Sport



1.1 Copy the table in your notebook and write these activities in the correct column.

running volleyball skating cycling judo squash jogging yoga rugby
 aerobics walking swimming badminton athletics climbing skateboarding
 skiing diving hockey snorkelling football table tennis baseball gymnastics
 sailing snowboarding hiking martial arts surfing ice hockey

go	play	do
running	volleyball	judo



1.2 Complete the sentences below with words from boxes A and B. Some words are used more than once.

A a course a court a pitch a track

B a bat clubs a racket a stick

- Golf is played with clubs on _____.
- You play squash on _____ with _____.
- You play hockey on _____ using _____.
- Tennis is played on _____ and you need _____.
- Cricket is played with _____ on _____.

One word in the boxes is not used in sentences 1–5. What is it, and which sport is it associated with?

1.3 Answer these questions about people who play sports.

- Someone who goes running is a *runner*. Which of the other sports in 1.1 add *-er*?
skater,
- Someone who plays volleyball is a *volleyball player*. Which of the other sports add *player*?

- What is the word for someone who does these each of these sports?
 cycling: _____ gymnastics: _____ athletics: _____

2.1 **41** Listen to three people talking about different sports/activities. Which sports do they describe?

Speaker 1: _____ Speaker 2: _____ Speaker 3: _____

2.2 **41** Listen again and write the adjectives used to describe each sport.

Speaker 1: _____ Speaker 2: _____ Speaker 3: _____

2.3 Write four sentences about a sport you play. Say how you feel about it, what you do and what equipment you use.

3.1 Complete these sentences with the correct form of *win* or *beat*.

- 1 They beat the favourites in the second round and went on to _____ the semi-final.
- 2 After years of training, Alison finally _____ her great rival in the final and _____ the trophy.
- 3 Peter _____ a gold medal in the 10,000 metres, _____ the world record by two seconds.
- 4 Fitzpatrick went on to _____ the race, _____ his rival by a tenth of a second.
- 5 There is no one who can _____ them now – they're bound to _____ the cup.

V Vocabulary note

We use **win** for competitions and prizes:
win a race, a semi-final, a cup, a medal, a trophy

We use **beat** for people and records:
beat another team, an opponent, a rival, a record, a time

We use **beat** (someone) at a game or sport:
My brother always beats me at chess.

4.1 The verb *run* can be used in different ways. To show the meaning in each of these sentences, replace *run* with one of the verbs below in the correct form.

flow manage go do work

- 1 My cousin has been running a small restaurant for several years now. managing
- 2 Tears of laughter ran down her face as she watched the film. _____
- 3 The washing machine is running much better since the electrician came. _____
- 4 The mechanics ran a final check on the car before the Grand Prix started. _____
- 5 There's a bus to the beach which runs several times a day in the summer. _____

4.2 **PHRASAL VERBS** Write the correct noun and choose the correct phrasal verb in each of these sentences.

children families friends petrol problem teachers

- 1 If you criticise the teachers at your college, you run them down / *run over them*.
- 2 You often find that dark hair *runs in* / *runs on* certain _____.
- 3 When you meet some _____ unexpectedly in the street, you *run into* / *run over* them.
- 4 When _____ are very naughty, their parents sometimes *run up against* / *run out of* patience.
- 5 If you're facing a difficult _____, you've *run up against* / *run through* it.
- 6 Most cars these days *run on* / *run into* unleaded _____.

Exam practice

Reading and Use of English Part 4

For questions 1–6, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. **Do not change the word given.** You must use between **two** and **five** words, including the word given. There is an example at the beginning (0).

- 0 Jane Ashdown won the final, pushing Olga Nemitov back to second place.

BEATEN

Olga Nemitov was beaten into second place in the final by Jane Ashdown.

- 1 Jill's boss explained all the details of the contract to her, but it took a long time.

RUN

It took Jill's boss a long time _____ all the details of the contract with her.

- 2 France managed to win the trophy at the end of a very tough match.

SUCCEEDED

France _____ the trophy at the end of a very tough match.

- 3 The local garage fixed my car and now it is working well.

RUNNING

My car has _____ was fixed by the local garage.

- 4 The builders faced many problems when they started laying the foundations.

RAN

The builders _____ of problems when they started laying the foundations.

- 5 I first took up sailing seven years ago.

WENT

I _____ time seven years ago.

- 6 I think Susie has inherited her musical ability from her parents and grandparents.

RUNS

I think being musical _____ family.



Exam tip

You must always use the word in the same form as it is given.

Writing Part 2: email

You have received this email from your Canadian friend Michael.

From: Michael

Subject: sport

I'm hoping you'll help me with a project I'm doing on sport. Could you write and tell me which sport is most popular in your country and why? And what about you – do you prefer playing sport or watching it?

Write soon – thanks a lot!

Michael

Write your **email** (140–190 words).