

1. to add	To mix two or more substances so they combine together.
2. to bake	to remove excess liquid from food after washing or cooking it.
3. to beat	To cut meat into slices.
4. to blend	To obtain an exact quantity or amount of an ingredient.
5. to boil	To put ingredients together; to put one ingredient with the others.
6. to carve	To cook by putting the food into extremely hot oil.
7. to melt	To remove the skin or outer layer from fruit or vegetables.
8. to mince	To mix the white and yellow parts of eggs together while cooking them in a pan.
9. to peel	To cut into thin or wide portions that are of similar size.
10. to scramble	to make something become liquid through heating.
11. to slice	to cover an object or surface with small drops or particles of a substance.
12. to sprinkle	to grind food, normally meat, into small pieces. A machine is often used to do this.
13. to chop	To coat with oil or butter.
14. to drain	To stir (usually eggs, cream, butter) quickly and continually to make a smooth or frothy mixture.
15. to fry	To cut into small pieces, generally used with vegetables.
16. to grate	To press and stretch dough with your hands. Usually used when making bread.
17. to grease	To cook in an oven using heat and without extra fat, oil or liquid.
18. to knead	To divide into small parts by rubbing on a serrated surface, usually used with cheese.
19. to measure	To heat water or another liquid until little bubbles form.

1. _____ more salt to the dish if necessary.
2. _____ the cream until it starts to thicken.
3. _____ the potatoes until they are cooked.
4. _____ the spring onions then add them to the dish.
5. _____ the water from the pot of spaghetti.
6. _____ a large carrot and add it to the salad.
7. I _____ some bacon and eggs for breakfast.
8. It smells good in the kitchen because I'm _____ a cake.
9. _____ the dough for the pizza base.
10. Make sure you _____ the pan before putting the mix in otherwise the cake will stick to the sides.
11. _____ exactly half a teaspoon of curry.
12. _____ the butter before adding it to the mix.
13. _____ the potatoes before boiling them.
14. _____ the eggs in a frying pan.
15. _____ the tomatoes and add them to the salad.
16. _____ icing sugar over the cake.
17. Who is going to _____ the Thanksgiving turkey?
18. You can _____ fruit to make your own smoothie.



rd English



1.to bake	a) Baking sheet, oven
2.to blend	b) Blender, immersion blender, food processor
3.to carve	c) Carving knife, fork
4.to chop	d) Chef's knife, chopping board
5.to mince	e) Chef's knife, food processor, garlic press
6.to slice	f) Chef's knife, slicing knife
7.to drain	g) Colander, strainer
8.to melt	h) Double boiler, microwave, saucepan
9.to beat	i) Electric mixer, whisk, hand mixer
10. to fry	j) Frying pan, tongs, slotted spoon
11. to grate	k) Grater, food processor
12. to measure	l) Measuring spoons, measuring cups, kitchen scale
13. to grease	m) Pastry brush, cooking spray, paper towel
14. to peel	n) Peeler
15. to boil	o) Pot, saucepan
16. to sprinkle	p) Shaker, spoon
17. to add	q) Spoons, ladle, funnel
18. to knead	r) Stand mixer, mixing bowl, dough scraper
19. to scramble	s) Whisk, frying pan, spatula

remove

serve

cut

heat

whisk

pour

taste

Recipe 1: Stir-Fried Tofu and Vegetables

Ingredients:

1 block of firm tofu, drained and pressed / 2 cups of mixed vegetables (e.g. broccoli, bell peppers, carrots, onions, snow peas), sliced / 2 cloves of garlic, minced / 1 tablespoon of ginger, minced / 2 tablespoons of soy sauce / 1 tablespoon of cornstarch / 2 tablespoons of oil for frying / Salt and pepper to 1. _____

Instructions:

2. _____ the tofu into small cubes and season with salt and pepper.

3. _____ the oil in a wok or frying pan over high heat.

Add the tofu and stir-fry for 2-3 minutes, until lightly browned.

4. _____ the tofu from the pan and set aside.

Add the vegetables to the pan and stir-fry for 3-4 minutes, until crisp-tender.

Add the garlic and ginger to the pan and stir-fry for 1-2 minutes, until fragrant.

In a small bowl, 5. _____ together the soy sauce and cornstarch.

Add the tofu back to the pan and 6. _____ the soy sauce mixture over the vegetables and tofu.

Stir-fry for 1-2 minutes, until the sauce has thickened and coated the tofu and vegetables.

7. _____ hot with steamed rice.

butter	combine	serve	greasing	preheat	whisk	bake
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Recipe 2: Chocolate Chip Banana Bread

Ingredients:

2 ripe bananas, mashed / 2 cups of all-purpose flour / 1/2 cup of sugar / 1/2 cup of butter, melted and cooled / 2 eggs, beaten / 1 teaspoon of baking powder / 1/2 teaspoon of baking soda / 1/2 teaspoon of salt / 1 teaspoon of vanilla extract / 1 cup of chocolate chips / Cooking spray or butter for 1. _____

Instructions:

2. _____ the oven to 350°F (175°C).

Grease a loaf pan with cooking spray or 3. _____.

In a mixing bowl, 4. _____ the mashed bananas, melted butter, beaten eggs, sugar, and vanilla extract.

In a separate bowl, 5. _____ together the flour, baking powder, baking soda, and salt.

Add the dry ingredients to the wet ingredients and mix until just combined.

Fold in the chocolate chips.

Pour the batter into the prepared loaf pan.

6. _____ for 50-60 minutes, until a toothpick inserted into the center of the bread comes out clean.

Let the bread cool for 10-15 minutes in the pan before removing and slicing.

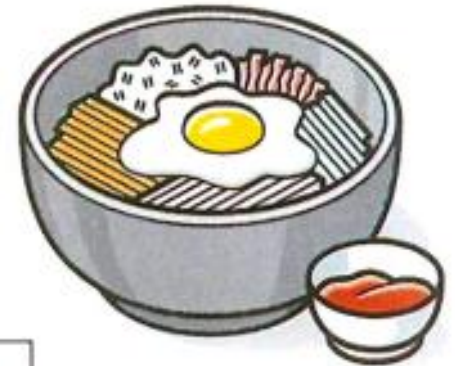
7. _____ warm or at room temperature.



A.



B.



C.



D.



E.



F.

The host of a cooking show is explaining how to make crepes. Listen and check the correct picture.



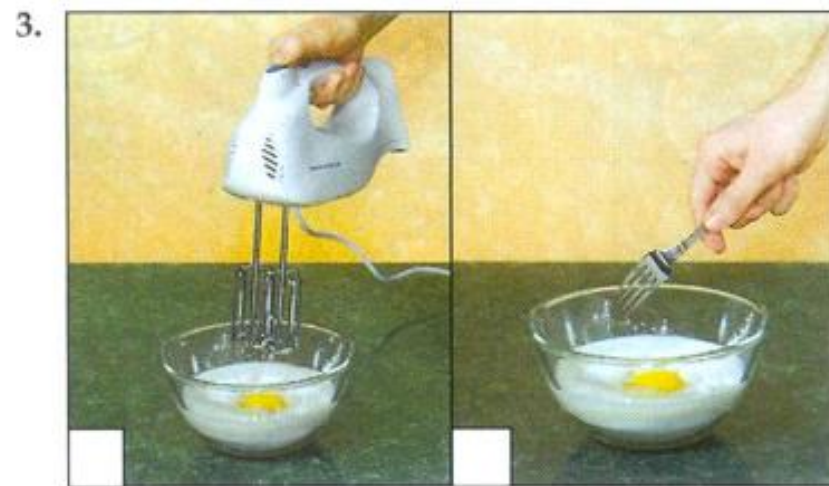
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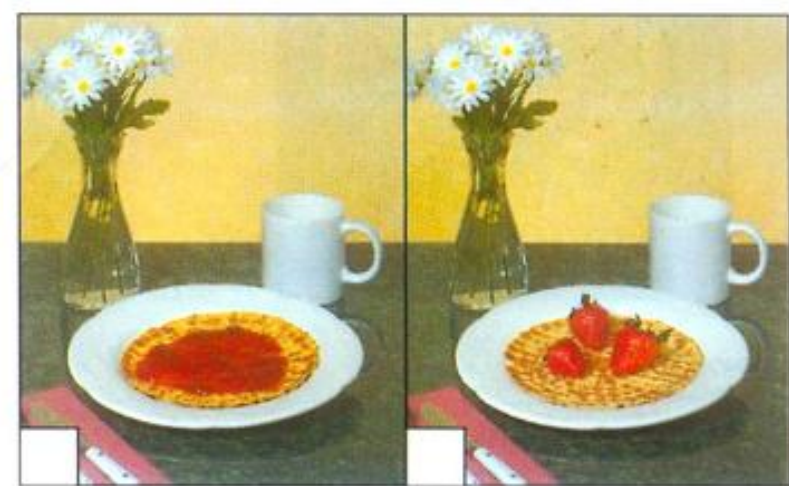
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a.

b.



a.

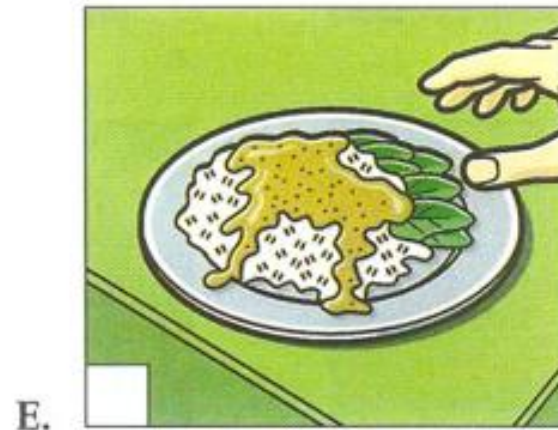
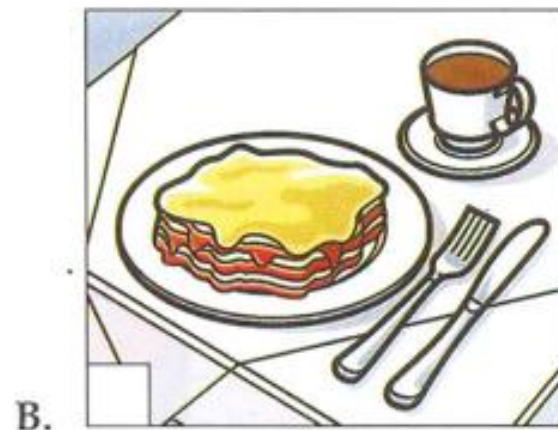
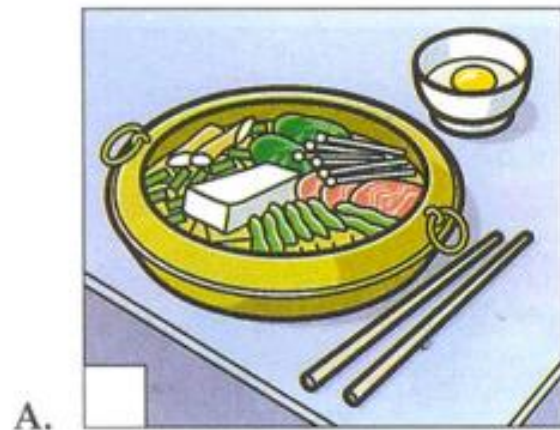
b.

Task 2

Listen again. Are these statements true or false? Check the correct answer.

	True	False
1. Milk makes the crepe sweet.		
2. Too much sugar makes the crepe taste awful.		
3. Stir until the liquid is smooth.		
4. Put a lot of butter in the pan.		

People are talking about meals in different countries. Listen and number the pictures.



Task 2

Listen again. What custom does each person mention? Match the countries on the left with the customs on the right.

- | | |
|----------------------|---|
| 1. Taiwan | a. It's okay to make slurping sounds. |
| 2. Saudi Arabia | b. If you see something you like, wave to the waiter. |
| 3. Spain | c. Eat with your right hand only. |
| 4. Nepal | d. You should eat it late at night. |
| 5. Italy | e. Eat everything the host offers you. |
| 6. Japan | f. After you're done eating, don't leave right away. |

Exercise 4

People are describing different kinds of food. What ingredients do the people mention? Listen and write the correct letter.

Listen



- | | | |
|-----------------|-------|--|
| 1. borscht | | a. potatoes and water |
| 2. pizza burger | | b. potatoes, onions, garlic, and beets |
| 3. smazeny syr | | c. tomato sauce and cheese |
| 4. potato soup | | d. lettuce, tomatoes, and spices |
| 5. burritos | | e. cheese and oil |

- 1. a.** You need strawberry sauce.
 - b.** You need chocolate ice cream and chocolate sauce.
 - c.** You need three bananas.
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- 2. a.** You need a plate.
 - b.** You need a very small bowl.
 - c.** You need a big bowl.
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- 3. a.** Cut the banana into two long pieces.
 - b.** Cut the banana into many small pieces.
 - c.** Do not cut the banana.
-
- 4. a.** Add one scoop of chocolate ice cream.
 - b.** Add two scoops of chocolate ice cream.
 - c.** Add three scoops of chocolate ice cream.
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- 5. a.** Wait an hour before eating the banana split.
 - b.** Don't eat the banana split while it is cold.
 - c.** Eat the banana split right away.