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| *Тема* | *Джерело*  *(література, посилання)* | *Завдання* |
| Практичне заняття 5  Тема “Food” | **1) “Англійська мова” для студентів 2-го року навчання. “English” for Second Year Students: навч.-метод. посіб. / І. С. Ковальчук, О. Б. Сивак. – Житомир: ЖДТУ, 2018. – 156 с.** | **1) Vegetarianism (attachment)**  **2) EATING HABITS questions**  **Відкрита книга**  **1) HEALTH RESORTS Ex. 3-6, p. 92**  **2) Attachment (General terms and expressions**  **relating to spa treatments and services)** |



Until recently, vegetarianism was fairly uncommon in Britain, and it is still considered strange by some. But since the 1960s, its popularity has increased greatly, to the (1) \_\_\_\_\_\_\_\_\_\_\_ that high street stores stock a huge variety of products for vegetarians.

The reasons people give for not eating meat are (2) \_\_\_\_\_\_\_\_\_\_\_. Perhaps most vegetarians do it for moral reasons, arguing that it is (3) \_\_\_\_\_\_\_\_\_\_\_ to kill. The opposing point of view is that it is (4) \_\_\_\_\_\_\_\_\_\_\_ for us to kill for food, and that we have evolved to do so. Still, there are societies where eating meat is not allowed because it is (5) \_\_\_\_\_\_\_\_\_\_\_ their religion.

There are other good reasons to (6) \_\_\_\_\_\_\_\_\_\_\_ meat, one of which is the inefficiency of livestock farming. A simple (7) \_\_\_\_\_\_\_\_\_\_\_ of soya bean plants can actually (8) \_\_\_\_\_\_\_\_\_\_\_ 200 times as much protein as the number of cattle which could be raised on the same (9) \_\_\_\_\_\_\_\_\_\_\_ of land, so a vegetarian world might be a world without hunger.

Although it is, in theory, cheaper to eat only vegetables, vegetarianism is most (10) \_\_\_\_\_\_\_\_\_\_\_ in richer countries such as Germany and Britain, where many people (11) \_\_\_\_\_\_\_\_\_\_\_ meat for health reasons. In these countries, at least, it (12) \_\_\_\_\_\_\_\_\_\_\_ to be a matter of choice rather than a necessity.

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| 1. | A) measure | B) distance | C) length | D) extent |
| 2. | A) numerous | B) lots | C) several | D) dozens |
| 3. | A) false | B) faulty | C) wrong | D) mistaken |
| 4. | A) real | B) natural | C) physical | D) genuine |
| 5. | A) across | B) beside | C) opposite | D) against |
| 6. | A) give up | B) put down | C) cut off | D) turn away |
| 7. | A) pitch | B) place | C) farm | D) field |
| 8. | A) achieve | B) produce | C) create | D) establish |
| 9. | A) amount | B) total | C) area | D) size |
| 10. | A) popular | B) famous | C) known | D) liked |
| 11. | A) exclude | B) prevent | C) escape | D) avoid |
| 12. | A) finishes off | B) goes through | C) turns out | D) comes up |

**2. General terms and expressions**

**relating to spa treatments and services**

***Choose the correct word.***

1. The use of all our **facilities/faculties**sauna, pool, fitness centre, etc. is included in the price.
2. There are licensed health **professionals/pros** available on site. (at our spa)
3. This treatment will **cleanse/clarify** your skin by **removing/exfoliating** dead skin cells.
4. This massage is perfect for those who have never had a massage before. In other words, it’s a great **beginner/premier** massage.
5. The two main reasons people go to spas are to relieve some kind of **discomfort/comfort**, and to promote physical well-being.
6. Since you have dry skin, it’ll be best to include treatments that will **hydrate/water** it.
7. This brochure describes the different types of **massage/message** that we offer in our spa centre.
8. We only hire **certificate/licensed** massage therapists.
9. You can have/receive about two treatments **daily/day**.
10. I recommend our **hydrate/water** therapy treatments.
11. A **day/daily**spa is a place where one can come for a quick treatment.
12. You will begin your treatment after one of our **physicians/staff** examines you.
13. People come from all over to experience the **therapeutic/standard** power of these mineral waters.
14. After this treatment you will feel refreshed and **rejuvenated /new**.
15. Apart from the outdoor pool we have a sauna and a state-of-the-**art/good**(very modern) gymnasium.
16. Our physiotherapists specialize in treating back **problems/trouble**.
17. You might require as many as 10 **sessions/cycles** before you see any visible improvement.
18. Some of our clients aren’t interested in treatments. They just want some **peace/pace** and quiet.
19. We offer a wide **range/selection** of treatments for the face, body, hands and feet.
20. You’ll find our prices to be quite **reasonable/good** (not very expensive).