

VOCABULARY Days of the week, months, seasons, times, dates
GRAMMAR Ordinal numbers
SPEAKING Saying what date it is, asking about birthdays, telling the time

- 1 **1.13** Look at Alice's diary and answer the questions. Listen and check.

MONDAY 1.10	
5 p.m.	hairdresser's appointment
TUESDAY 2.10	
8 a.m.	start of autumn term
WEDNESDAY 3.10	
3 p.m.	piano lesson
THURSDAY 4.10	
8 a.m.	dentist's
FRIDAY 5.10	
3 p.m.	shopping for books
SATURDAY 6.10	
8 a.m.	my birthday
8 p.m.	my party
SUNDAY 7.10	
1 p.m.	Grandma's

- What day is it today? *Monday*
- What's the date?
- Which month is next?
- Which season is it now?
- When is Alice's birthday?
- What time is her party?

- 2 **1.14** Complete the table with the words from the box. Then listen and check.

January July March May November Saturday
 September summer Thursday *Tuesday* winter

Days of the week	Monday, Tuesday, Wednesday, Friday, Sunday
Months	February, April, June, August, October, December
Seasons	Spring, autumn,

WATCH OUT!

You write *4th September*, but you say: 'the fourth of September'.

You write *2019*, but you say: 'twenty nineteen, two thousand and nineteen'.

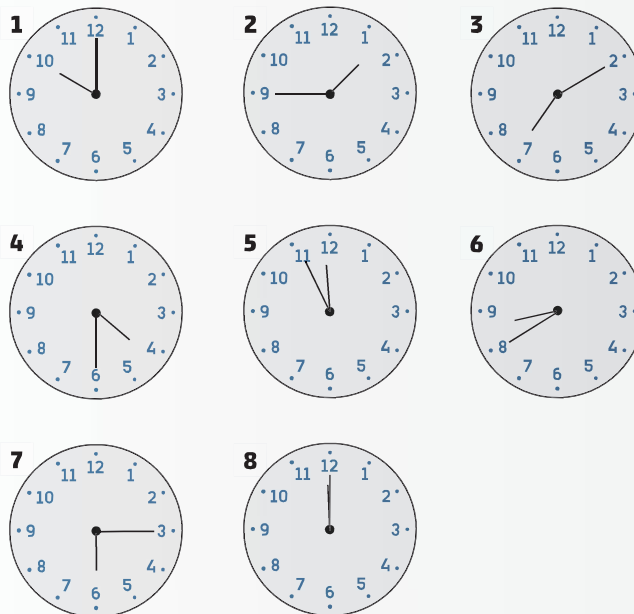
- 3 **1.15** Say the following dates in pairs. Listen and check your answers.

- | | |
|--------------|-------------|
| 1 31/3/1992 | 5 5/2/2004 |
| 2 24th July | 6 9/6/1978 |
| 3 12/11/2015 | 7 13th July |
| 4 22nd April | |

The thirty-first of March nineteen ninety-two.

- 4 **SPEAKING** In pairs, study the expressions. Then look at the clocks and ask and answer questions about the time. What's the time?/What time is it?

6.00	It's six o'clock.
3.15	It's a quarter past three.
2.30	It's half past two.
3.45	It's a quarter to four.
12.50	It's ten to one.
24.00	It's midnight.



1 What's the time?
It's ten o'clock.

- 5 **SPEAKING** In pairs, use the prompts to ask and answer questions.

When/birthday?
 What/time ...?
 What/day ...?
 Which month/Christmas day?
 What/date ...?
 Which season ...?

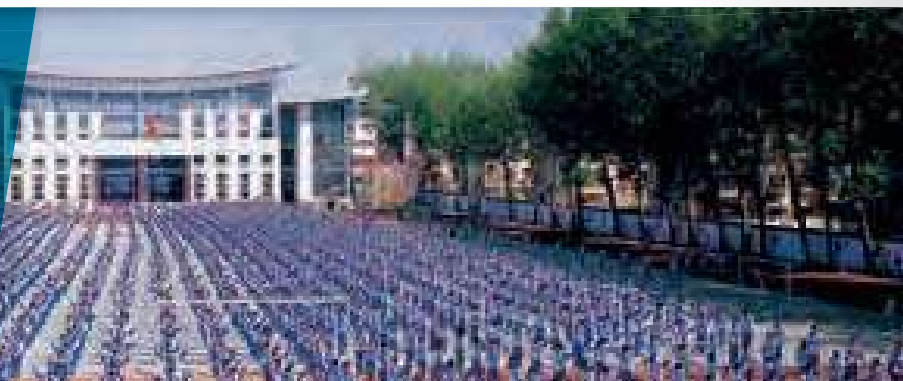
- A** *When's your birthday?*
B *It's on ...*

01

The things we do

- VOCABULARY** Daily routines, free-time activities and frequency expressions
- GRAMMAR** Present Simple affirmative and negative, adverbs of frequency and Present Simple questions [Use of English > page 172](#)
- SPEAKING** Talking about likes and dislikes
- WRITING** A personal profile
- VIDEO** Grammar ▶ Documentary ▶ Communication ▶

Different countries, different routines



- A**  **Lan-Fen** In China, we do exercise before school starts. #differentworlds
Lily Wow! Are all those people students at your school?
Lan-Fen Yes. We've got 5,000.
Lily That's amazing! Our school's got 600 students.

- B**  **Yuna** I get up at 6 a.m. I'm at school until 5 p.m. and then I have extra lessons. I get home at 9 p.m. This isn't unusual in Japan. #differentworlds
Josie 😞 That's a LONG day!
Yuna I know. And then I do my homework!

- C**  **Luis** We have dinner at 9.30 in the evening. It isn't unusual in Spain. #differentworlds
Gemma That's really late! We eat at about 6.30 p.m. in the UK. Or maybe 7 p.m. at weekends. I go to bed at 10!

- D**  **Khalid** The weekend starts on Friday in the United Arab Emirates. I don't go to school and my dad doesn't go to work. We play chess. #differentworlds
Ellis Three days without school! You're lucky!
Khalid We don't have three days. Our weekend is Friday and Saturday. School starts on Sunday morning again.



Present Simple: affirmative and negative

1 Look at the photos and read posts A-D. In pairs, decide which post is about:

- 1 ☒ free time?
- 2 ☐ a meal?
- 3 ☐ a morning activity?
- 4 ☐ a typical schoolday?

2 Match sentences 1-2 with rules a-b.

- 1 ☐ The weekend starts on Friday in the United Arab Emirates.
- 2 ☐ We have dinner at 9.30 in the evening.
- a We use the Present Simple to talk about a regular/repeated action/activity.
- b We use the Present Simple to talk about a fact.

3 Study the Grammar box and find more examples of the Present Simple in the text.

Present Simple: affirmative and negative

	I • You • We • They	He • She • It
+	I go out with my friends on Saturdays. We get up at 10 a.m. at weekends.	My cousin lives in the UK. My mum goes to work at 7.30 a.m.
-	They don't have lessons on Sundays.	He doesn't go to my school.

Spelling rules for third person he/she/it:

Most verbs: **live** → **lives**, **play** → **plays**

Verb ends in -o, -ch, -sh, -s, -x: **watch** → **watches**

Verb ends in a consonant + y: **study** → **studies**

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4 Read the posts again and choose the correct words.

- 1 Lan-Fen *goes / doesn't go* to a very big school.
- 2 Yuna *starts / doesn't start* school at 6 a.m.
- 3 Gemma *has / doesn't have* dinner before 7 p.m.
- 4 Khalid *plays / doesn't play* chess on Sundays.

5 **SPEAKING** In pairs, talk about how your life is different from the people's in the posts.

I don't get up at 6 a.m. I'm at school until 3 p.m.

6 Complete the table with these words. Which activities are in the photos in Exercise 1?

do get go go to have

- 1 go to school/work/bed
- 2 exercise exercise/homework/housework
- 3 a shower a shower/lessons/breakfast/lunch/dinner
- 4 home home/out with friends/shopping
- 5 home home/dressed/up

7 **1.16** Complete the text with the correct forms of the verbs in brackets. Then listen and check.

For Yuna, in Japan, the schoolday ¹**starts** (start) at 8.30 so on weekdays she ² _____ (get up) at about 6 a.m. 'I ³ (have) a shower and I ⁴ _____ (get) dressed – we wear a uniform. I ⁵ _____ (not like) it!' She ⁶ _____ (have) lessons until 3.30 p.m. Then after school she goes to clubs. Yuna ⁷ _____ (not like) sport. She ⁸ _____ (go) to a homework club. Then she and her friends ⁹ _____ (go) to extra English lessons at a private school. 'Our teacher ¹⁰ _____ (come) from London, in England. He ¹¹ _____ (not speak) any Japanese so we ¹² _____ (speak) English all the time' Yuna ¹³ _____ (get) home at about 9 p.m. She ¹⁴ _____ (study) for another hour. Then it's time for bed

8 **1.17 PRONUNCIATION** How do we say the final 's' in the verbs in the table? Put the verbs from the box in the correct column. Listen and check your answers. Practise saying these verbs.

~~eats~~ goes likes lives studies watches

/s/	/z/	/ɪz/
starts <i>eats</i>	plays	teaches

9 Complete the table with these time expressions. Then write six sentences using the verb phrases from Exercise 6 and these time expressions.

6 a.m. ~~Friday~~ January Saturday morning
the evening weekends

on	Wednesday afternoon, weekdays, ¹ <i>Friday</i> , ² _____
in	the morning, August, ³ _____, ⁴ _____
at	eight o'clock, midnight, ⁵ _____, ⁶ _____

I do homework in the evening.

10 **SPEAKING** In pairs, talk about what you do on Saturdays. Then tell the class.

On Saturdays I get up at 8. Sally gets up at 10!

1 Read the sentence below and watch the video. Say what the speakers answer. Then in pairs, talk about your typical Sunday.

Tell me about your typical Sunday.



1B VOCABULARY | Free-time activities and frequency expressions



1 Match verbs 1–12 with activities a–d. Which of the activities can you see in the photos?

- | | |
|--|------------------------------|
| 1 ☒ hang out | a shopping |
| 2 ☐ go | b computer games |
| 3 ☐ go to | c with friends |
| 4 ☐ play | d a friend's house |
| 5 ☐ play | a to music |
| 6 ☐ listen | b books |
| 7 ☐ read | c to the cinema |
| 8 ☐ go | d games on your mobile phone |
| 9 ☐ play | a sport |
| 10 ☐ go | b a blog |
| 11 ☐ write | c to parties |
| 12 ☐ watch | d TV or films |

2 1.18 Listen to six people and check your answers to Exercise 1.

3 Complete the text with the verbs from Exercise 1.

I love weekends. On Saturdays I ¹ hang out with my friends. We ² _____ to the cinema or we ³ _____ shopping in the city. Every month we ⁴ _____ to a party or a concert – we ⁵ _____ to music a lot. On Sunday mornings I get up late and I ⁶ _____ a book in bed. I spend the rest of the day with my family. My brother and I ⁷ _____ computer games or we all ⁸ _____ sport together. My parents love sport. On Sunday evenings we ⁹ _____ a film.

4 Look at Felix's diary. Complete the sentences.

- He has a guitar lesson on Tuesday and Sunday evenings.
- He _____ on Mondays, Thursdays and Saturdays.
- He _____ on Friday and Saturday evenings.
- He _____ on Mondays, Tuesdays, Wednesdays, Thursdays and Sundays.
- He _____ on Saturday afternoons.
- He _____ on Wednesday and Fridays.

Monday	5.30 p.m.	football
	8 p.m.	homework
Tuesday	6 p.m.	guitar lesson
	8.30 p.m.	homework
Wednesday	4 p.m.	art club
	5.30 p.m.	homework
Thursday	5.30 p.m.	football
	8 p.m.	homework
Friday	4 p.m.	art club
	7 p.m.	go out with friends
Saturday	10.30 a.m.	football
	2 p.m.	go shopping
	7 p.m.	go out with friends
Sunday	3 p.m.	homework
	6 p.m.	guitar lesson

WATCH OUT!

We use frequency expressions to talk about how often we do things:

*I have a party **once a year**.*

*I go the cinema **twice a month**.*

*I play sport **three/four times a week**.*

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5 Rewrite the sentences in Exercise 4 with the expressions from the box.

once a week twice a week three times a week
five times a week

1 He has a guitar lesson twice a week.

6 **SPEAKING** Use a word or phrase from each column to talk about how often you do these activities.

have English lessons	once	a day
make dinner for my parents	twice	a week
do exercise	three times	a month
go to the cinema	four times	a year
go to parties		
have a shower		

*I have English lessons **three times a week**.*

5 SIGNS YOU ARE A PHONE ADDICT

01

1C GRAMMAR

Adverbs of frequency

- 1 Read 5 signs you are a phone addict. Which sentences are true for you?
- 2 Study the Grammar box and put the adverbs in brackets in the correct place in the sentences below.
Your phone is with you. (always)
You check your phone after each lesson. (usually)

Adverbs of frequency

We often use adverbs of frequency with the Present Simple: *never < hardly ever < sometimes < often < usually < always*

0%

100%

We put **adverbs of frequency**:

- before the main verb
- after the verb *be*

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- 3  1.19 Read the conversation and choose the correct words to complete the sentences. Then listen and check.

Rachel Do you want to have lunch, Tom? Tom?
Tom Lunch? Yes, I do. Sorry.
Rachel On your phone again!
Tom It's a quiz: *Five signs you are a mobile phone addict.*
Rachel Well, the answer for you is 'Yes'.
Tom You're the same!
Rachel No way! I ¹*hardly ever use / use hardly ever* my phone.
Tom Let's see, One: How often do you check your phone before you get up?
Rachel Well, I ²*always do / do always* that. I ³*get sometimes / sometimes get* important messages.
Tom So that's 'True'. Two: How often does your phone die before you get home?
Rachel Never. It ⁴*usually has / has usually* about 50% left.
Tom Three: How often do you check your phone for new messages?
Rachel Only when I hear the sound for a new message.
Tom OK. Four: Do you ever go out without your phone?
Rachel No, I don't. It ⁵*always is / 's always* in my pocket.
Tom Another 'True'. And five: How do you feel when your phone doesn't get a signal? Bad, maybe?
Rachel Bad? Never. But I ⁶*feel often / often feel* bad when I miss lunch! Let's eat!

- 1 You **always** check your phone before you get up.
- 2 Your phone battery **usually** dies before you get home.
- 3 You **often** check your phone for new messages.
- 4 You are **never** without your phone.
- 5 You **sometimes** feel nervous when your phone doesn't get a signal.

Present Simple: questions

- 4 Read the questions. Choose the correct words to complete the rules.
Do you want to have lunch, Tom?
How often does your phone die before you get home?
 - 1 We use *do / does* to form Present Simple questions with I/you/we/they.
 - 2 We use *do / does* to form Present Simple questions with he/she/it.
 - 3 In questions with *does*, the main verb *has / doesn't have* an -s ending.
- 5 Study the Grammar box and check your answers to Exercise 4.

Present Simple: questions

	I • You • We • They	He • She • It
?	Do you go out on Saturdays? Yes, I do ./No, I don't .	Does he work at weekends? Yes, he does ./No, he doesn't .
Wh-?	What time do you get up on Sundays?	How does your dad go to work?

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- 6 Put the words in the correct order to make questions. Then, in pairs, ask and answer the questions.
 - 1 games / Does / on / your / her / mum / phone? / play / mobile
Does your mum play games on her mobile phone?
 - 2 does / often / How / sport? / play / dad / your
 - 3 write / you / a / blog? / Do
 - 4 shopping? / often / do / you / go / How
 - 5 friends? / with / you / hang / out / do / your / Where
 - 6 text / you? / often / best friend / How / your / does
- 7 **SPEAKING** In pairs, ask and answer the questions.
 - 1 Do you ever switch your phone off?
 - 2 How often do you check emails on your phone?
 - 3 How many songs have you got on your phone?
 - 4 How often do you take photos on your phone?



STEREOTYPES! ARE THEY TRUE?

1.20

1 ☐ EMILY

My dad often says this about me. It's true that I hardly ever read newspapers. But I read the news online every day. And it isn't all stuff about celebrities or my favourite bands! At school, we also talk about important events or problems. They're important to us. And we often **look up** more information about them online.

2 ☐ OLIVER

Do people really think this is true? It's a really old and boring stereotype. I love all kinds of music: from 1970s music to modern electronic pop. My brother is only thirteen and he's the same. When my parents **put on** their favourite songs in the car, we usually love them.

3 ☐ HARRY

The problem is teenagers don't have the experience of adults. I don't always think before I do things. I sometimes go out with my friends until late and we often forget to send our parents a message. Hey, we're sixteen! We forget! But they worry about me. And when I **get back**, they're sometimes angry.

4 ☐ EVIE

I think teenagers and adults do this. My mum loves games. And my dad never **puts** his mobile **down**. He often checks his emails at dinner. He reads the news and he plays games as well. I never play games. They're a waste of time. OK, I read a lot of social network stuff on my phone and that isn't very useful. But I also use it for homework, take photos and listen to music and podcasts.

5 ☐ GRACE

This isn't true! I play sports at school twice a week. I get up at eight on Saturdays and I play football in a team. I usually cycle to school and when I go out, I hardly ever eat fast food. Of course, some teenagers **stay in** all the time and their only hobby is TV or computer games. Adults don't help much. Parents hardly ever go out and play games with their children.