

28

Highs and lows

Feelings

1.1  **36** Listen to a boy called Nick talking about something that happened recently. Answer these questions.

- 1 Who came to watch Nick's team play? Why? _____
- 2 What happened after the match? _____
- 3 Who was chosen? _____

1.2 Look at the adjectives below. Which are positive and which are negative? Write P above the positive adjectives and N above the negative ones.

ashamed confident disappointed embarrassed excited guilty jealous proud relaxed upset

1.3  **36** Listen again. How do you think Nick felt:

- 1 after he scored the goal? _____
- 2 at the end of the day? _____

1.4  **37** Now listen to Nick continue his story. Choose three adjectives from 1.2 to describe how he felt at the end of Saturday.

2.1 Read the email. The underlined adjectives have similar meanings to those in the table below. Write them in the correct column.

Hi Helga

Just wanted to tell you that I went to the seaside last Saturday with my friends. I was really glad that they phoned me because I was feeling fed up and I was relieved to have something to do. But when we got to the seaside I realised they were going to the theme park and I've always been scared of the big rides. I got a bit angry with them because they hadn't told me. But in the end they persuaded me to go with them. As I sat there waiting for the first ride to begin, I could feel my heart beating faster and faster, but as soon as it started I forgot to feel anxious about it because it was such fun. When I got off I was surprised to realise how much I'd enjoyed it and I went on all the other rides too! You must come with me next time.

Love, Tina

amazed	annoyed	depressed	frightened	pleased	worried
				glad	

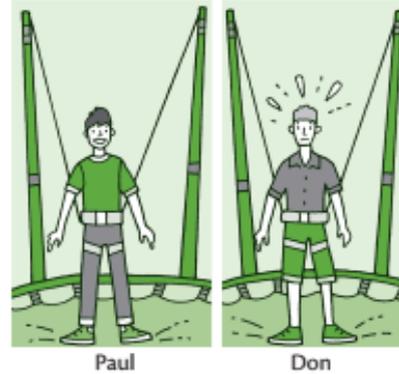
2.2 The adjectives below also have similar meanings to the ones in the table in 2.1. Write them in the correct column. If there is one adjective in a column which is stronger than the others, underline it.

afraid astonished concerned delighted miserable furious terrified

3.1 Look at the people in the picture. How are they feeling? Write as many adjectives as you can.

Paul: _____

Don: _____



Paul

Don

3.2 Think about something you did recently, e.g. a sports match you played in, a place you visited, a party you went to. Choose two of the phrases for feelings below and write a sentence with each one.

worried about surprised that afraid of upset that pleased to annoyed with

4.1 Choose the correct adjectives in these sentences.

- I was really *boring* / *bored* on holiday. There was nothing to do.
- Last night's show was really *disappointing* / *disappointed* – we wasted our money.
- We were very *surprising* / *surprised* when we got to the hotel and it was closed.
- Tom was so *exciting* / *excited* when he received your letter with the good news.
- He hated talking in public so he felt very *worrying* / *worried* about giving a speech.
- Rahim gave me a ride on his motorbike. It was absolutely *terrifying* / *terrified*.
- I didn't find the holiday *relaxing* / *relaxed* because my friend wanted us to go out all the time.

V Vocabulary note

Many adjectives for feelings can also be followed by (that) + subject + verb or infinitive (to ...):
Maria was sorry (that) she had missed the party.
Maria was pleased to get the invitation.

4.2 Complete these tables.

Noun	fear	amazement	_____	_____	annoyance	_____
Verb	<u>frighten</u>	_____	_____	_____	_____	excite
Adjective	frightening frightened	_____	embarrassing embarrassed	pleasing pleased	_____	exciting excited

Noun	depression	_____	pride	anxiety	misery	_____
Adjective	_____	angry	_____	_____	_____	jealous

Exam practice

Listening Part 1

 **38** You will hear people talking in eight different situations. For questions 1–8, choose the best answer (A, B or C).



Exam tip

Listen carefully for words which mean the same as words in the questions, e.g. if *frightening* is in the question you might hear *scary* or *terrifying* in the recording.

- You hear a woman telling a friend about a conversation she had with her parents.
How did her parents feel about her news?

A furious that she wouldn't complete her studies
B astonished that she hadn't consulted them
C pleased that she'd made a good decision
- You hear a man talking about an activity holiday.
What opinion does he give of the holiday?

A It was more suitable for teenagers.
B The activities were too demanding for him.
C The teaching was disappointing.
- You hear two people talking about a film.
How did they react to the ending?

A They found it frightening.
B It took them by surprise.
C They felt it was unclear.
- You hear a couple talking about their hotel.
What are they slightly dissatisfied with?

A the type of breakfast
B the view from the room
C the lack of entertainment
- You hear two friends talking about a football match.
How do they feel?

A concerned about the future
B astonished at the result
C upset at their team's performance
- You hear a voicemail message.
What problem does the boy have?

A He's had all his money stolen.
B He needs a lift to the shop.
C He needs to borrow some money.
- You hear two people talking about a new colleague.
What does the man say about her?

A She often misses deadlines.
B She sometimes loses her temper.
C She seems distracted.
- You hear an actor talking about her work.
What does she find most difficult about it?

A doing publicity interviews
B wearing heavy make-up
C remembering her words

Writing Part 2: article

You see this notice in an international magazine.

What makes you feel really happy?

Going on holiday? Being successful? Playing music? Seeing friends and family?

Write us an article telling us what makes **you** happy and why.

The best articles will be published in our magazine next month.

Write your **article** (140–190 words).



Exam tip

Make the article lively and interesting for people to read. Talk about your own feelings and experience.