***Вергун Т.М.***

***ТЕСТОВІ ЗАВДАННЯ ДЛЯ САМОСТІЙНОЇ РОБОТИ***

***для студентів ІІ курсу на основі навчально-методичного посібника «Англійська мова для студентів***

***2-го року навчання» І.С. Ковальчук, О.Б. Сивак.***

***Module 7 (Unit 1-5)***

1. **Fill in the blanks with one suitable word from the list given below:**

**lightness winter exercises and others kinds**

**physically movements daily energy summer**

There are summer and winter **1\_\_\_\_\_\_\_\_\_\_\_\_\_**of sports. The **2\_\_\_\_\_\_\_\_\_\_\_\_\_\_** kinds of sports are: swimming, athletics, football, volleyball, basketball **3\_**\_\_\_\_\_\_\_\_\_\_\_\_.

The **4**\_\_\_\_\_\_\_\_\_\_\_\_\_ kinds of sport are figure skating, skiing, ice hockey etc.

We all need to do **5**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Regular exercises give you more **6**\_\_\_\_\_\_\_\_\_\_\_\_\_ and make you feel and look better. The best exercise is one, which is involved, in repeated **7\_\_**\_\_\_\_\_\_\_\_\_\_\_\_: walking, jogging, swimming. Bending and stretching will add flexibility and feeling of 8\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Sport not only helps people to become strong and to develop **9\_\_**\_\_\_\_\_\_\_\_\_\_\_\_ but also makes them more organized and better disciplined in their **10\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** activities.

1. **Fill in the correct prepositions.**
2. How many hours do many adults spend sitting down, **\_\_\_** work, **\_\_\_\_**

transport or **\_\_\_\_** their leisure time?

1. Would you like to spend a weekend \_\_\_\_ a spa?
2. Goji berries have been used \_\_\_\_ Chinese medicine \_\_\_\_ centuries.
3. You should consult the doctor \_\_\_\_\_ you feel bad.
4. Sweet potatoes make a great alternative **\_\_\_\_** ordinary potatoes because they contain healthier potassium instead **\_\_\_\_** sodium.
5. **Write the synonyms to the words:** to cure, to call in sick, to feel ill, to protect, a benefit.
6. **Write the opposites (antonyms) to the words:** healthy, to be out of condition, inside, to check in, a benefit.
7. **Translate into English.**
8. Лікар оглянув хворого і сказав що ніякі ліки не можуть вилікувати його хворобу.
9. Якщо у вас болить голова, вам слід прийняти пігулку.
10. Лікування, призначене для очищення організму від отрут або токсинів.
11. Подбайте про своє тіло. Це єдине місце, де ви повинні жити.
12. Овочі помаранчевого кольору можуть бути особливо корисним для вас, тому що вони містять так багато вітамінів.

 **6. Correct the mistakes in these sentences.**

1. Honey has been natural and much better for you than sugar because it

contain many vitamins, it can even heal wounds if you put some kinds of

honey on your skin.

2. Regular exercises gives you more energy and makes you feel and look better.

3. The only thing you has to do areto follow his recommendations.

4. Health are not valued till sickness come.

 5. Why are you think people should to take care of their health?

1. **Describe something healthy you enjoy doing. You should say (10-15 sentences):**
* what you do;
* where you do it;
* who you do it with and explain why you think that doing this is healthy.